



# CogNotes



## Swarthmore Rotary

P.O. Box 4, Swarthmore, PA 19081

[www.SwarthmoreRotary.org](http://www.SwarthmoreRotary.org)

[www.Facebook.com/SwarthmoreRotary](https://www.Facebook.com/SwarthmoreRotary)

[www.SwarthmoreFair.org](http://www.SwarthmoreFair.org)

Tuesday, January 15, 2019

### Barry Rassin

Rotary International President

### Paul Quintavalla

District 7450 Governor

### Swarthmore Rotary Leaders

#### Craig Fava

President

#### Maria Michael Zissimos

President-Elect

Youth Services Chair

#### Brian N. Casey

Club Executive Secretary

#### William Clinton Hale

Club Admin Chair

President-Nominee

#### Gladys D. Snively

Treasurer

#### George C. Whitfield Jr.

Secretary

#### Joy Charlton

iPast President

#### Perri Ann Evanson

Membership Chair

#### Betty Ann A. Flynn

Club Director

#### Lori Markusfeld

Interact Club Sponsor

Service Projects Chair

#### Penelope Reed

Public Relations Chair

#### Barbara Whitaker-Shimko

Rotary Foundation Chair

#### David Houtz

Assistant Governor

### Upcoming Meetings and Events

#### January

##### 17th - Meeting

**Speaker:** Barbara Whitaker-Shimko and Anne Hansen

**Subject:** The Rotary Foundation Update  
Trust Meeting at 1:35 after the speaker

##### 24th - Meeting

**Speaker:** John Brodsky, MD

**Subject:** Silvan S Tomkins' theory of psychology based on a newborn's biological responses to stimulus density

##### 31st - Meeting

**Speaker:** Gaia Pomaro

**Subject:** Exchange student from Italy

### Table Grace

**Lord God, amid all of our goal setting and striving, help us to see beyond them, persons and places of human need. Beyond planning and programs, give us a vision of boys and girls healed and helped. And now receive our grateful thanks for the blessings around these tables and for the abiding friendships in Rotary that go with us as we return to our tasks. Amen. Frederick E. Christian**

### 4 Way Test

#### Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### 2018--18 Happy Dollars for Polio Plus Fund

\$1415

(\$3 to fully protect one child)

2017-2018 total: \$4,515

2016-2017 total: \$3,756

2015-2016 total: \$3,756

### Service Quotation

"The time we take to serve those who need us can be the turning point, not only in their lives but also in our own."

— Take Time to Serve, THE ROTARIAN, July 1980; Rolf J. Klärich RI President 1980-81, Rotary Club of Helsinki-Helsingfors, Finland.

### Last Week's Guests

Becky Hansen (Dave's wife), and Amy Walter (prospective member)

### Birthdays

Martin Spiegel

January 20th

### Wedding Anniversaries

No Wedding Anniversaries Found

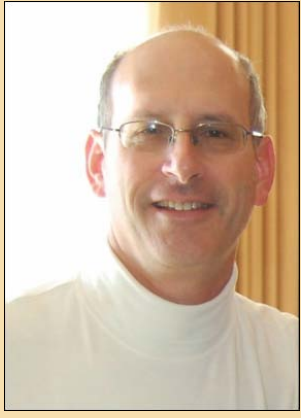
### Years of Service

No Years Of Service Found

### Last Week's Program Summary by Rich Shimko

Don Garfinkle values what he called the "nickel drop" moments, the instant when someone he is tutoring understands a concept that he or she have been working on with Don. Don said it usually happens at least once every session he has with a student. Don has been a volunteer with the Delaware County Literacy Council for seven years. He has worked with six students during that period. Tutors can work in different areas such as adult education, English as a second language, and GED preparation. There are currently 165 volunteer tutors and last year they tutored 690 adult learners from 51 countries.

What does it take to be a tutor volunteer? You must attend a 10 hour initial training program and commit to meet your student for at least three hours per week. The student and tutor decide when to stop. Don said some of his students achieved the goal that the two of them decided upon at the beginning of working together. In other cases, the students felt they had improved enough to stop. He said most of the students he has tutored in the adult education group have a learning disability. This is



a challenge but Don finds it very rewarding when they make progress together.