



Swarthmore Rotary Cog Notes

P.O. Box 4, Swarthmore, PA 19081



March 14, 2019

Barry Rassin
Rotary International President

Paul Quintavalla
District 7450 Governor

Swarthmore Rotary Leaders

- Craig Fava
President
- Maria Michael Zissimos
President-Elect
Youth Services Chair
- Brian N. Casey
Club Executive Secretary
- William Clinton Hale
Club Admin Chair
President-Nominee
- Gladys D. Snively
Treasurer
- George C. Whitfield Jr.
Secretary
- Joy Charlton
iPast President
- Perri Ann Evanson
Membership Chair
- Betty Ann A. Flynn
Club Director
- Lori Markusfeld
Interact Club Sponsor
Service Projects Chair
- Penelope Reed
Public Relations Chair
- Barbara Whitaker-Shimko
Rotary Foundation Chair
- David Houtz
Assistant Governor

Meetings and Events

March

14th - [Meeting](#)

Speaker: Gundaker Foundation Chair Bill Graham and ADG David Houtz
Subject: Gundaker Foundation Repositions for the Future; Three Areas of focus, Club Grants, Vocational and Technical Grants, Youth Exchange Program.

19th - [Swarthmore Board Meeting](#)

21st - [Meeting](#)

Speaker: Club Service Projects
Subject: Dental Supply Packaging Mini-Service Event

28th - [Meeting](#)

Speaker: Ryan Martin
Subject: District Director, Boy Scouts of America Cradle of Liberty Council

4 Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Table Grace

By Frederick E. Christian

Lord, we thank you for the privilege of working in this favored community in your service for the sake of country and humanity. Grant us the assurance that no blessing will ever be withheld from us if we do justly and walk humbly in your sight. We thank you for our association In Rotary. Strengthen us for each day, as it unfolds, to do your will. In your name, we pray. Amen.

Service Quotation

“THOSE WHO BRING
SUNSHINE TO THE
LIVES OF OTHERS
CANNOT KEEP IT
FROM THEMSELVES

- J.M. Barrie (b:May 9,
1860-d:June 19,
1937), Scottish
author and dramatist
best remembered as
the creator of Peter
Pan


Last Meeting Summary

By Richard Shimko




Long before we retired, my wife Barbara suggested we downsize to a more senior-friendly house on one floor. As usual, I resisted the suggestion. I was OK with our current house - It was too much trouble - too expensive, etc. Now, I am happy to be settled in our more manageable little house. Bill Davis, Chair of the Swarthmore Aging-in-Place (AIP) Committee, described what we did as the timely planning process to accommodate getting older. He said many seniors put off this planning until they are forced to


Birthdays

 Joe Lesniak
March 17th

Wedding Anniversaries

 Michael D. Malone
March 17th

Years of Service

 George C. Whitfield Jr.
03-19-1999
20 Years

Happy Dollars

\$1,930

2018-19 Happy Dollars
for Polio Plus Fund
(\$3 to fully protect one child)
2017-2018 total: \$4,515
2016-2017 total: \$3,756
2015-2016 total: \$3,756

Guests Last Meeting

Dee and Sam Patel (prospective members),
James Reed (Olive's son),
Angie and Lisa (Maria Zissimos's aunt and friend),
Becky Welsh (Dave's wife),
Tom Forstik (Hillard's guest).

Mark Your Calenders:

District Conference is this Weekend, March 15th and 16th at the Springfield Marriot

The Swarthmore Rotary Fun Fair is Sunday May 19th!!



make changes because of poor health. Older people, like every one else, often are in denial about limitations caused by aging and they find it difficult to think rationally about what they need to do to prepare for these limitations. He gave us an example in his own life. He and his wife decided to get rid of some of the stuff cluttering their home. They considered disposing of his wife's grandparent's furniture which they had never used. In the end, they couldn't do it because of the emotional value of the furniture. Bill said one of the services the AIP plans to provide is consultation for help in preparing for the future, including deciding what to discard. Bill provided us with some handouts describing some of the other projects AIP has been working on, and about the upcoming Senior Wellness Fair scheduled for March 30. The Fair will include six speakers, exhibits and free food, and will be at the Inn.



March Maddness to End Polio Now!!

By Anthony Coschignano



We are brining back the Basketball Tourament Pool.
\$20 for one entry, \$50 for three entries; winner gets half the pot and the other half goes to Polio Plus Fund.

You are invited to participate in our NCAA pool "Swarthmore Rotary" on www.TourneyTime.com.

It's easy to join this pool:

<https://www.tourneytime.com/action/?go=action.join&id=34914>

1) Click the following link: <https://www.tourneytime.com/action/?go=action.join&id=34914>

2) Log in to your TourneyTime account, or create a free one.

3) After logging in, enter the pool entry password "SwatRotary" in the box indicated and click the 'Join Pool' button.

