



# Swarthmore Rotary Cog Notes



P.O. Box 4, Swarthmore, PA 19081

August 1, 2019

Mark Daniel Maloney  
RI President 2019-20  
Peter A Mardinly  
District 7450 Governor

Swarthmore Rotary  
Leaders

Maria Michael Zissimos  
President  
Youth Services Chair  
Craig Fava  
iPast President  
William Clinton Hale  
President-Elect  
Brian N. Casey  
Club Executive Secretary  
Sonya Pappas  
Treasurer  
George C. Whitfield Jr.  
Secretary  
Barbara Amstutz  
Grants Committee Chair  
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Membership Chair  
Betty Ann A. Flynn  
Club Director  
Lori Markusfeld  
Service Projects Chair  
Penelope Reed  
Public Relations Chair  
Barbara Whitaker-Shimko  
Rotary Foundation Chair  
Sean Murphy  
Assistant Governor

Service Quotation

“TO LEAVE THE  
WORLD A BIT  
BETTER BECAUSE  
YOU HAVE LIVED IS  
TO HAVE  
SUCCEEDED” - Ralph  
Waldo Emerson  
(1803-1882),  
american essayist,  
lecturer, and poet  
who led the  
Transcendentalist  
movement of the mid-  
19th century

Rotary Celebrations!

Birthdays

Ann K. Seidman

Meetings and Events

August

1st - Meeting

Speaker: Marjorie Wainfan, Executive Director, The Art Barn Foundation  
Subject: Painting it Forward. Building Community Through Creativity and Kindness

8th - Meeting

Speaker: Betsey Fiel, Volunteer Coordinator, WHYY  
Subject: Volunteering at WHYY

Table Grace

By Frederick E. Christian

Lord, we thank you for sun-filled days and fun-filled hours at this season shared with families and friends. Although our many responsibilities continue, we carry them with greater ease because you have blessed us so abundantly. Amen.

4 Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Last Meeting Summary



Swarthmorean Gwen Soffer told us about Nationalities Service Center (NSC), an organization that provides services to immigrants and refugees in Philadelphia. NSC was started in 1921 to teach English to immigrants. Today, NSC serves 5,000 immigrants and refugees every year from over 100 countries. While teaching English is still an aspect of what they do, NSC also provides services in legal protection, community transition, access to health and wellness, and job readiness training. They serve all immigrants regardless of legal status, even though Gwen said most of their clients have some legal protection. Gwen was formerly a yoga instructor. When she went back to school to obtain her Masters in Social Work, she started work at NSC. Gwen still teaches yoga at NSC but also gets involved in art therapy and other holistic services. Her clients are frequently under a great deal of stress because of the trauma they experienced in their home country and their uncertain current legal status. In spite of that, Gwen said they are generally very accepting of the holistic services NSC provides such as yoga, acupuncture, and massage. She said these services are often aligned with the practices of the immigrant's native culture. Gwen thanked Rotary for donating \$2500 for 625 two-pass SEPTA cards to enable clients to get to NSC. She said NSC welcomes volunteers and additional donations.



August 3rd

Wedding Anniversaries

No Wedding Anniversaries Found

Years of Service



David P. Welsh Jr.  
08-01-2007  
12 Years

Happy Dollars

\$317

2019-20 Happy Dollars for Polio Plus Fund (\$3 to fully protect one child)

2018-19 total: \$3,845  
2017-18 total: \$4,515  
2016-17 total: \$3,756

Guests Last Meeting

Lois Levine-Elma (prospective member), Molly Shiflet (returning member)

Evening Meetings

EVENING MEETINGS

The following meetings are scheduled for the evening.

- September 5, 2019 TBD Shimko's backyard
- October 31, 2019 5:30 – 7:00 pm The Inn
- December 19, 2019 5:30 – 7:00 pm The Inn
- January 30, 2020 5:30 – 7:00 pm The Inn
- February 27, 2020 5:30 – 7:00 pm The Inn
- March 26, 2020 5:30 – 7:00 pm The Inn
- April 30, 2020 5:30 – 7:00 pm The Inn
- May 28, 2020 5:30 – 7:00 pm The Inn
- June 25, 2020 5:30 – 7:00 pm The Inn

Polio Eradication

From www.sciencemag.org

Surging cases have dashed all hope that polio might be eradicated in 2019. The global initiative to eradicate polio is badly stuck, battling the virus on two fronts. New figures show the wild polio virus remains entrenched in Afghanistan and in Pakistan, its other holdout, where cases are surging. In Africa, meanwhile, the vaccine itself is spawning virulent strains. The leaders of the world's biggest public health program are now admitting that success is not just around the corner—and intensively debating how to break the impasse.

"The biggest problem for me for a long time was recognizing that we truly have a problem, and business as usual will not get us to the finish line," says Roland Sutter, who leads polio research at the World Health Organization (WHO) in Geneva, Switzerland, where the polio eradication effort is based. "The rose-tinted glasses are off," adds longtime program spokesperson Oliver Rosenbauer of WHO. "Now, really tough questions are openly being asked—questions that even 12 months ago no one asked."

The program, which has spent \$16 billion over 30 years, had planned to eradicate polio from Pakistan and Afghanistan this year (only the latest of many deadlines). Instead, almost four times as many cases have occurred there so far this year than in the same period in 2018. At 51, the total number of cases may still seem low, but only about one in every 200 people infected with the virus develops paralysis, meaning thousands have been infected. The virus is circulating widely: A strain from Karachi, Pakistan, has popped up in Iran. Adding to the worries, the spike occurred in the low season, when viral transmission subsides—a harbinger of worse to come in the second half of the year.