



Swarthmore Rotary Cog Notes



P.O. Box 4, Swarthmore, PA 19081

February 6, 2020

Mark Daniel Maloney
RI President 2019-20
Peter A Mardinly
District 7450 Governor

Swarthmore Rotary
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Sean Murphy
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"There is indeed a certain sense of gratification when we do a good deed that gives us inward satisfaction, and a generous pride that accompanies a good conscience.
Michel de Montaigne, philosopher

Rotary Celebrations!

Birthdays



Alice P. Willetts
February 6th

Wedding Anniversaries

No wedding anniversaries found

Years of Service

No Years Of Service Found

Meetings and Events

February

6th - Meeting

Speaker: Peter Williamson, Vice President Conservation Services, Natural Lands
Subject: Natural Lands: Conserving and protecting green space in Delaware County and the more densely populated areas of the region.

13th - Meeting

Speaker: Carole Adrienne Murphy, CEO JAMCO films
Subject: The Making of the Civil War Medicine Documentary Series

20th - Meeting

Speaker: Bridget Scott, Swarthmore College alum, Fulbright Teaching Assistant
Subject: The New Africa Education Foundation Project

27th - Meeting

Speaker: Reception 5:30 pm at the Swarthmore Inn
Subject: Reception 5:30 pm at the Swarthmore Inn

Table Grace

By Frederick E. Christian

Lord of our land, we recall with gratitude during this month those leaders of our nation who have made it a better place because they came this way. Help us to know that your hand is ever upon us and our land and give us thankful hearts for all your blessings; especially for those today as we gather around these tables. Amen.

4 Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Last Meeting Summary



Eric Stein, founder and CEO of the company, e3garden, started his talk by stating an obvious fact: most people live in cities but most food is grown in rural areas far from cities, particularly cities on the east coast. Eric wants to grow at least some food right here in Philadelphia. He wants to accomplish this by using high tech methods to grow food indoors. Eric's method is different from a traditional green house in that he plans to use artificial lighting instead of the sun to provide light. Eric is piloting his process in a garage in Media. He is growing lettuce and basil in water (no soil) and using LED lighting instead of the sun. He said because the plants are grown indoors in a controlled environment, there is no problem with insects or weeds. Therefore, he doesn't need to use pesticides or herbicides. His company's pilot in Media has the additional environmentally friendly features of solar panels on the roof and recycling 90% of the water it uses. His seeds are non-GMO and not from Monsanto or other big corporations. You can order e3garden products on line at www.e3garden.com.

Happy Dollars

\$1790

2019-20 Happy Dollars
for Polio Plus Fund
(\$3 to fully protect one child)

2018-19 total: \$3,845
2017-18 total: \$4,515
2016-17 total: \$3,756

Guests Last Meeting

Jim Snively (Gladys'
husband)
Hoagy Hansen (Anne's
husband)
Bill Clinton (Ann
Seidman's guest)

Vaccine derived polio

For those of us who have heard about vaccine-derived polio and wondered what it was, here is a good explanation from The Economist, 1/9/20:

For nineteen years the Philippines was free from polio. But in September the announcement came that two children living in provinces 900 miles apart had been paralysed by a vaccine-derived strain of the disease. The strain was also found in sewage and in a waterway. Foreign and domestic health authorities have since jumped into action. The next in a series of immunisation drives starts on January 20th on the southern island of Mindanao.

Oral polio vaccines, such as those used in the Philippines, contain a weakened form of the virus, which lingers in children's intestines for a short while after they ingest it. During that time the virus is excreted in faeces. In places where sewage is not properly managed, it can soon infect people without immunity. As it spreads from one such person to another the virus from the vaccine mutates, gradually gaining strength. This may take many months or even years. Eventually it evolves into a form that is capable of causing harm.

That this has been happening in the Philippines suggests that the country's inoculation regime has become dangerously lax. To prevent polio from spreading, 95% of a population must be vaccinated against it. For years immunisation rates among infants in the Philippines have fallen far short of necessary levels. Official data say 70% of them received the full set of basic vaccinations in 2017. But 9% of infants got none at all.

January Evening Social

