



Swarthmore Rotary Cog Notes

P.O. Box 4, Swarthmore, PA 19081



July 30, 2020

Holger Knaack
RI President 2020-21
Kevin M. Katarynick
District 7450 Governor

Swarthmore Rotary
Leaders

William Clinton Hale
President
Kathryn Jones
President-Elect
Brian N. Casey
Club Executive Secretary
Webmaster
Craig Fava
Past President
Secretary
Sonya Pappas
Treasurer
Barbara Whitaker-Shimko
Rotary Foundation Chair
Betty Ann A. Flynn
Club Director
Anne C. Hansen
Club Director
Lori Markusfeld
Service Projects Chair
Penelope Reed
Public Relations Chair
Ann K. Seidman
Membership Chair
Barbara Amstutz
Grants Committee Chair
Maria Michael Zissimos
Past President
Francy Cross
Assistant Governor

Service Quotation

A soft answer turns
away wrath, but a harsh
word stirs up anger.,
Proverbs 15:1

Rotary Celebrations!

Birthdays

Barbara Whitaker-Shimko
July 31st
Ann K. Seidman
August 3rd

Wedding Anniversaries

William Clinton Hale
July 30th
Craig Fava
July 31st

Meetings and Events

July

30th - [Meeting](#)
Speaker: Julie Kornfeld, Visiting Clinical Lecturer in Law at Yale Law School
Subject: Let Them In: Representing Refugees in the Age of the Invisible Wall

August

6th - [Meeting](#)
Speaker: Jared Reed, Producing Artistic Director, Hedgerow Theater Company
Subject: Backstage at Hedgerow: The Most Fun You'll Ever Have on a Zoom Call

Table Grace

By Frederick E. Christian

Lord, as we near the end of this month, marked by the eloquence of the poetry of patriotism, quicken an undying message within us that will proclaim by our deeds that we are truly free. Accept, Lord, our gratitude for all that you have given us in the past and for the blessings of this day. Amen.

4 Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Last Meeting Summary

Our speaker, Umar Mycka, is an expert on poison ivy. He told us a history of poison ivy, some of its biology, and what we can do to control it. If we don't control it and we get a poison ivy rash, he suggested a treatment. Umar said herbicides will work on young poison ivy plants but older plants must be dug up. The best herbicides are a combination of Garlon and Escort. He suggested waiting until late spring or summer to spray.

Umar said Zanfel is the best treatment for poison ivy rash. Ann Seidman suggested, and Umar concurred, that blowing a hot hair dryer on the rash will temporarily relieve itching.

Personally, after some painful experiences, we seem to have gotten rid of poison ivy around our yard. We all know the price of poison ivy freedom is eternal vigilance. Umar's talk will help.

How to identify poison ivy

From <https://www.greenbelly.co/pages/how-to-identify-poison-ivy>

What does poison ivy look like? A simple guide to identifying poison ivy in the wild.

Years of Service

No Years Of Service Found

Happy Dollars

pledge \$256

2020-21 Happy Dollars
for Polio Plus Fund
(\$3 to fully protect one child)

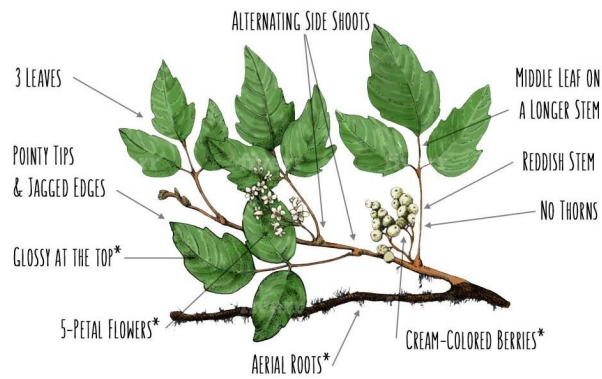
2019-20 total: \$3355

2018-19 total: \$3,845

2017-18 total: \$4,515

Guests Last Meeting

No guests



Compared to poison oak or sumac, poison ivy is the most common and widespread of the three [popular toxic plants](#). Poison ivy can grow in forests, near water, and also in urban environments. It's important to learn its telltale signs so you don't accidentally come into contact with it. However, this may take some practice as poison ivy can be one tricky little transforming bugger.

Not only do its leaves change colors depending on the season, but the plant itself can grow in many forms like small shrubs, carpet-like ground coverings, or even climbing vines. In this post, we're discussing specific features you can look for on this plant to effectively identify and steer clear of it.



Poison Ivy can exist as a bush, a vine, or a single plant as shown below.



The first step in preventing contact with poison ivy is to practice recognizing it from the get-go so you'll avoid it. Luckily, there are plenty of fun little mantras

nowadays you can memorize to help with this. A few of the most common are:

- "Leaves of three, let it be."
- "Longer middle stem, beware of them."
- "Side leaves like mittens, they'll itch like the dickens."
- "Hairy vine, no friend of mine."
- "Berries of white, best take flight."

Message from Cathy Darrell about City Team

Message from Cathy Darrell:

Cathy reports that City Team needs food donations. They are not accepting clothing. Donations can be taken to City Team at 7th & Sproul in Chester. You can donate on-line through Amazon by going to cityteam.org/chester/get-involved/donate-items/. You can also give food to Cathy and she will take it to City Team for you.