



# CogNotes



The Rotary Club of Swarthmore  
July 9, 2009

[www.SwarthmoreRotary.org](http://www.SwarthmoreRotary.org)

## 2009-2010 Board

President	Betty Ann Flynn
President-Elect	Marv Gelb
Club Administration	Marv Gelb
President Nominee	Steve Laxton
Past President	Josh Twersky
Secretary	Perri Everson
Treasurer	Gudmund Iversen
Membership	George Whitfield
Sergeant-at-Arms	Dean Wolf
Service Projects	Trisha Hall
Rotary Foundation	Craig Fava
Public Relations	Steve Laxton
Program	Hillard Pouncy
Community Service	Ken Wright
International Service	Ray Hopkins / Ron VanLangeveld
Vocational Service	Grace McAndrews
Tech Specialist	Brian Casey
Gundaker	Harry Urian
Interact Club	Cathy Darrell
Rotaract Club	Joy Charlton
Charitable Trust	Marty Speigel

## July is INSTALLATION Month

## Coming Programs & Events

**July 16 Jim Thomas, Owner – Springfield Ford**  
New World for American Car Dealerships

**July 21 Phillies Night**  
Contact Dean Wolfe for details.

**July 23 Hogie Hansen**  
Polio in a Time of Recession –  
Update on the Gates Foundation/  
Rotary Collaboration

**July 30 TBD**

## Today's Program:

**Carol Boslet,**  
Healthy Hearts for Sports



## Table Grace

Lord of all that is good, help us to become more conscious and appreciative of life's highest and most enduring values and to be more eager to share them with all humankind. Open to us added channels through Rotary by which we may bring this to pass. And now Father, accept our thanks for the blessings of this hour. Amen.

The Rev. Dr. Frederick E. Christian

## Last Week's Speaker: Peg Hendricks

Peg Hendricks of the Delaware County Foundation spoke to us about the Foundation's creation and purposes.

They saw a void in the county that needed filling - a fund that could help individuals to establish private foundations without the need to administer them.

The Foundation allows individuals to select beneficiaries while not being burdened by the high costs of self administration. They also have funds in the foundation to distribute.

Their most significant beneficiary has been the Delco Sunshine Fund which provides humanitarian grants to those who have fallen on hard times.

## Guests:

Dorothy Gelb, Mark Dresden



## Pledge of Allegiance

## The Rotarian's 4-Way Test

### Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and better FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



## Independence Day Parade

Thank you to all Rotarians, spouses and friends for helping with our Swarthmore Independence Day Celebration.

President Betty Ann Flynn along with Past President Josh Twersky and daughter Lilly proudly led our parade strollers which included Perri Evanson, Will Fairley, Ken Wright, Cathy Darrell, Joy Charlton, Dorothy Gelb, Putty Willetts, and our Outbound Exchange Student.

Dean Wolfe arrived early to help put up the Rotary tent, and Bob & Martha Moreland and Michele Fairley helped serve lemonade. Craig and Kathleen Fava, and baby Kaylin Anne helped take the Rotary tent down.

Rotary's contribution to the wonderful day also included Marty Spiegel doing the sound system, and his wife Linda Heffernan who organized a group in wonderful period costumes. Marv Gelb played in the Silver Dollar band that sounded great as usual. Betty Ann, Dorothy Gelb and Anne Martenson again helped the Lions judge participants in the children's parade. Brian Craig lead Swarthmore Police in doing their usual fine job. Gudmund Iversen did ok as staff photographer of the Swarthmorean and when the next issue comes out

we'll see if we give him good reviews based on how many Rotarians he shows in the paper.

We collected \$39 for Alex's Lemonade Stand and \$43.50 for Polio Plus. Ken must have been in charge of the weather as it was a beautiful day again in every way. For those I missed naming please accept my apologies. Golly, I'm proud to be an American and a Rotarian and a Swarthmorean.

Gene H Martenson

## Rotary Awards



Following the Independence Day Parade, Club President Betty Ann Flynn presented the Rotary **Vocational Service Award** to **Judy Neale** in recognition of her work supporting Senior Citizens in the community and sponsorship programs.

Betty Ann also presented the Rotary **Community Service Award** to **Greg Byrnes**. Greg is a pillar in the community and was Assistant Manager at the Swarthmore Co-op where he worked for 25 years.

Congratulations to Judy and Greg, and thank you both for making Swarthmore a better community.

## Parade of Pictures

To see more pictures from the Independence Day Parade please visit our club site at [SwarthmoreRotary.org](http://SwarthmoreRotary.org).

## Today's Smile

A man goes into a bar and seats himself on a stool. The bartender looks at him and says, "What'll it be buddy?"

The man says, "Set me up with seven whiskey shots and make them doubles." The bartender does this and watches the man slug one down, then the next, then the next, and so on until all seven are gone almost as quickly as they were served. Staring in disbelief, the bartender asks why he's doing all this drinking.

"You'd drink them this fast too if you had what I have."

The bartender hastily asks, "What do you have pal?"

The man quickly replies, "I have a dollar."

## Club Web Site

Have you visited our club site lately? If you need help signing in to the site, please call Brian Casey at 484-483-8423 for assistance.

[www.SwarthmoreRotary.org](http://www.SwarthmoreRotary.org)



## And I Quote...

"Learn from the mistakes of others. You can't live long enough to make them all yourself."

Eleanor Roosevelt