



CogNotes



The Rotary Club of Swarthmore
July 16, 2009
www.SwarthmoreRotary.org

2009-2010 Board

President	Betty Ann Flynn
President-Elect	Marv Gelb
Club Administration	Marv Gelb
President Nominee	Steve Laxton
Past President	Josh Twersky
Secretary	Perri Everson
Treasurer	Gudmund Iversen
Membership	George Whitfield
Sergeant-at-Arms	Dean Wolf
Service Projects	Trisha Hall
Rotary Foundation	Craig Fava
Public Relations	Steve Laxton
Program	Hillard Pouncy
Community Service	Ken Wright
International Service	Ray Hopkins / Ron VanLangeveld
Vocational Service	Grace McAndrews
Tech Specialist	Brian Casey
Gundaker	Harry Urian
Interact Club	Cathy Darrell
Rotaract Club	Joy Charlton
Charitable Trust	Marty Speigel

July is INSTALLATION Month

Coming Programs & Events

July 21 Phillies Night
Contact Dean Wolfe for details.

July 23 Hogie Hansen
Polio in a Time of Recession –
Update on the Gates Foundation/
Rotary Collaboration

July 30 Rick Anthony
Boomervision

Aug. 6 TBD

Aug. 13 TBD

Today's Program:

Jim Thomas,
Owner – Springfield Ford,
New World for American Car
Dealerships

Table Grace

We pause for this moment, Good Lord, not out of routine or habit but prompted by gratitude for all the common blessings we enjoy which are so often denied others. How can we thank you, except by beginning now to make Rotary's ideals a reality? Thanks be to you for all your good gifts. Amen.

The Rev. Dr. Frederick E. Christian



Last
Week's
Speaker:

Carol
Boslet

Carol Boslet from “**Healthy Hearts for Sports**” spoke to us about the dangers from hidden heart defects which while silent, pose a serious risk to teenagers and young adults in their early 20s.

These defects are causing sudden cardiac failure. In the US, 7000 young people die every year from hidden heart related defects.

The problem is with inadequate physical exams prior to participating in sports programs.

Carol's organization ran their first screening last August. They are soliciting school districts and sponsors to participate in, and fund future screenings.

For more details on this program, visit www.SwarthmoreRotary.org or www.4HCM.org.

Guests:

Samia Abass, Rob Scaife, Matt Weiss



Pledge of Allegiance

The Rotarian's 4-Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and better FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Biography of RI President John Kenny

- President, Rotary International, 2009-10
- Trustee, The Rotary Foundation, 2000-04
- Director, Rotary International, 1995-97
- President, Rotary International in Great Britain and Ireland, 1992-93
- VP, Rotary International in Great Britain and Ireland, 1991-92

John Kenny, a graduate of Glasgow University, is a past dean of his local law faculty, a judge, and a notary.

He is past president of the Forth Valley Junior Chamber of Commerce and the Federation of Scottish Junior Chambers of Commerce and past general legal counsel of Jaycees International. In addition, Queen Elizabeth II appointed him the deputy lieutenant of his district.

John is an elder of the Church of Scotland, where he has served as session clerk and Presbytery elder. Active in Boy Scouting, he received the organization's Medal of Merit for helping to form new Scout groups in Eastern Europe.

A Rotarian since 1970, John is a member of the Rotary Club of Grangemouth. He has served Rotary International in Great Britain and Ireland (RIBI) as committee

member and chair, vice president, and president. He has served Rotary International as district governor, task force member, committee member, vice chair, RI Board Executive Committee chair, director, and Rotary Foundation trustee. He also has been a representative, member at large, and parliamentarian for the Council on Legislation on several occasions.

John is a Rotary Foundation Major Donor and Bequest Society member. He is a recipient of the Foundation's Citation for Meritorious Service and Distinguished Service Award.

John and his wife, June, have been married since 1965.

Our Condolences

We extend our condolences to Bryan and Jennifer Lentz on the loss of their son Joseph to brain cancer last week.

A Memorial Service was held on Monday July 13 at the Trinity Episcopal Church and was attended by many Rotarians and a stranding room only group of family and friends.

Bryan and Jennifer, our thoughts and prayers are with you and your family.

Rotary Happenings

Visit "Rotary Happenings" on the District 7450 website at the link below to see news and happenings from our club and other clubs in the district.

<http://www.rotary7450.org/common/hotnews.htm>

Today's Smile

A neutron walks into a bar. "I'd like a beer" he says.

The bartender promptly serves up a beer.

"How much will that be?" asks the neutron.

"For you?" replies the bartender, "no charge"

Club Web Site

Have you visited our club site lately? If you need help getting in, please call Brian Casey at 484-483-8423 for assistance.

www.SwarthmoreRotary.org



And I Quote...

"Don't judge each day by the harvest you reap but by the seeds that you plant."

Robert Louis Stevenson

Next Week's CogNotes

Your CogNotes Editor will be at one with nature along with about 25 Boy Scouts next week. This means press time will come early next week.

If you have anything you want included for next week, please send it to Brian@BrianNCasey.com by **Saturday July 18th at noon.**

Ken will print the CogNotes and bring them to the meeting.