

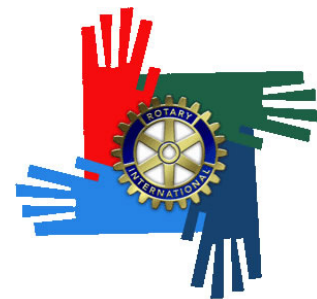


CogNotes

The Rotary Club of Swarthmore
June 24, 2010

www.SwarthmoreRotary.org

June is **Fellowship** Month



2009-2010 Board

President	Betty Ann Flynn
President-Elect	Marv Gelb
Club Administration	Marv Gelb
President-Nominee	Steve Laxton
Past President	Josh Twersky
Secretary	Perri Ann Evanson
Treasurer	Gladys Snively
Publicity	Gudmund Iversen
Membership	George Whitfield
Sergeant-at-Arms	Dean Wolfe
Service Projects	Trisha Hall
Rotary Foundation Program	Craig Fava
Community Service	Hillard Pouncy
International Service	Ken Wright
Vocational Service	Ray Hopkins / Ron Van Langeveld
Tech Specialist	Grace McAndrews
Gundaker	Brian Casey
Interact Club	Harry Urian
Rotaract Club	Cathy Darrell
Charitable Trust	Joy Charlton
CogNotes Editor	Marty Spiegel
	Brian Casey

Today's Program:

Bruce Kelly, Owner - Fitness Together, Media
"Strength Training for Mature Adults"



Last Meeting's Speaker:

Ashley Cowen

Table Grace:

Father, as we enter the summer season, we realize that we shall be going many separate ways seeking refreshment and renewal.

Help us to hold one another in thoughtful remembrance. Direct us into paths where we may make Rotary meaningful.

God, source of all plenty, accept our thanks for the blessings of food and friendship. Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

June 28 District Governor and Leadership Installation Dinner
Monday June 28th at the Downtown Club in Philadelphia.

See District Calendar or your email for details.

July 1 TBD

July 8 TBD



The Pledge of Allegiance

The Rotarian's 4-Way Test

Of the things we think, say and do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and better FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Ashley Cowen, the recipient of our Vocational Award for High School Vo-Tech, inspired us with her commitment to nursing.

She wants a "job where she can nurture people in the medical field". She is a Certified Nursing Assistant now and upon graduation from Strath Haven High will go to Widener for Nursing with some help from the club.

She watched Discovery Health since she was 4 or 5 and knew then what she wanted to be.

She was asked how she felt about dealing with blood in her work. Her answer was "I'm here to help you and that's more important than what may be spilling out of your body".

Guests Last Week:

Tim Cowen, Karen Cowen, Gerry Grenway,



2010-2011 President and Board Sworn In at Induction Ceremony

On Wednesday June 16th, President-Elect **Marv Gelb** was sworn in as President of the Club by “Mr. Rotary”, **Hogie Hansen**, who then administered the Oath of office to the 2010-2011 Board. In his acceptance speech, President Marv thanked President **Betty Ann Flynn** for her commitment, dedication and leadership this past year.

He also spoke to his priority this year to grow membership in the Club which is critical for our future. “It’s the lifeblood of any organization and a responsibility of everyone to introduce rotary to others” said President Marv.

He also spoke about Community Service abroad and at home. “International Service is nice and we won’t stop looking for opportunities such as our support of scholarships and a water project in Guatemala and disaster relief situations like that caused by the earthquake in Haiti but this coming year there is plenty to keep us busy and helpful right here in our communities and that’s one of the places that we are going to look for new opportunities to serve.”

Paul Harris Fellow and Gundaker Fellowship Awards Presented

President Betty Ann presented the following awards at the Induction Dinner Celebration.

Gundaker Fellowship:

- Marty Spiegel
- Will Fairley

Paul Harris Fellow:

- Art Baker
- Jim Brower
- Brian Casey
- Joy Charlton
- Cathy Darrell
- Marv Gelb

2010-2011 Club Board

President Marv presented his Board for the coming year at the Induction ceremony last week. Following are the 2010-2011 Club Board Members:

President
 President-Elect/Club Admin
 President -Nominee
 Immediate Past President
 Secretary
 Treasurer
 Membership & Retention
 Sergeant-At-Arms
 Service Projects
 Attendance
 Community Service
 Vocational Service
 International Service
 Interact
 Rotaract
 Rotary Foundation
 Gundaker
 Program
 Charitable Trust
 Youth Exchange
 Tech Specialist

Marv Gelb
 Steve Laxton
 Brian Casey
 Betty Ann Flynn
 Madeline Bialecki
 Gladys Snively
 Chris Rowland
 Dean Wolfe
 Mike Malone
 Ken Wright
 Ken Wright
 Grace McAndrews
 Anne Hansen/ Ray Hopkins
 Cathy Darrell
 Joy Charlton
 Craig Fava/ Perri Ann Evanson
 Harry Urian
 Hillard Pouncy
 Marty Spiegel
 Anne Seidman
 Brian Casey