



CogNotes

The Rotary Club of Swarthmore
September 16, 2010

www.SwarthmoreRotary.org

September is **New Generations** Month



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Program Hillard Pouncy

Community Service Ken Wright

Attendance Ken Wright

Public Relations Josh Twersky

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Vocational Service Randy Winton

Youth Exchange Ann Seidman

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Gundaker Harry Urian

Interact Club Cathy Darrell

Rotaract Club Joy Charlton

Charitable Trust Marty Spiegel

CogNotes Editor Brian Casey

Today's Program:

District Governor Joan Batory
"Official Visit"

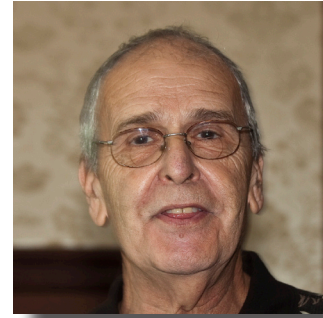


Table Grace:

As our boys and girls begin school and flood our streets, Lord, fill us with a growing sense of concern for their safety and well-being.

Help us to heed your warning against harm in any way to a little one.

And now, Father of us all, make us doubly grateful for those who have guarded us and blessed us in the past when we were weak and receive now our grateful thanks for those blessings from your hand. Amen.

The Rev. Dr. Frederick E. Christian

Last Week's Speaker:

Herb Jenkin

Herb Jenkin of Senior Community Services touched on two ideas.

First he listed the challenges for caregivers - Living longer, Complicated medical system, Working caregiver, Older caregivers, Caregivers at a distance.

He suggested what these caregivers need is information, appreciation, feeling normal, care for themselves.

He then added his second idea of a Caregivers Consultation Service which the agency offers for a fee of \$350. It starts with an assessment then develops a detailed plan and ends with follow up.

Mike Malone.

Coming Program & Events

Sept 22 Board Meeting
Borough Hall

Sept 23 Gary Cummings, Town Manager
Nether Providence
(Invited - To be confirmed)

Oct 7 Guy Gardener, Former Astronaut, President, Williamson Free School
"From the Heavens to the Williamson School"

Oct 14 Perri Evansen
"On Real Estate"



The Pledge of Allegiance

The Rotarian's 4-Way Test

Of the things we think, say and do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and better FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Guests Last Week:

Herb Jenkins, Roma Wright, Trindy Grundy, Yasutaka Iida, Richard O'Donnell

Silent Auction - The Home Stretch

We are now in the home stretch for the 2010 Silent Auction taking place next Friday at the Swarthmore Community Center.

Please get any Auction items you have to Steve Laxton ASAP and let him know if you get additional items. In preparation for the Auction, we will create information sheets for every item.

Invitations have gone out but please invite additional attendees if you know someone else who may want to come. For details, please direct them to www.SwarthmoreRotary.org/auction.



District Conference / Oktoberfest News

Early Bird Pricing ends next Monday September 20th

Take advantage of reduced pricing and register for the Fall District Conference aka Oktoberfest.

For information in the conference including the program and registration options, please visit www.rotary.org.

To register for the conference, please visit www.Rotary7450.org/conf.

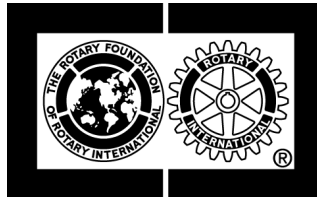
Sponsorship Opportunities are Available Conference

The District Conference in October is offering the opportunity to be an event sponsor.

Sponsorship opportunities range from a business cards sized ad in the program to Sponsoring a Plenary session or meal.

For details on the sponsorship levels, please visit www.rotary.org.

Rotary Foundation Thought



This week's Rotary Foundation Thought is about Living a Full and Well-rounded Life, as illustrated by the founder of our Foundation, Arch C. Klumph.

From the archives: Arch had a great love of music. At age 18 he began to study the flute, and three years later he received a chair in the Cleveland Symphony Orchestra. He played with the orchestra for 14 years and was a lifelong sponsor of it. "My heart is in music and my head is in business," he said.

Arch balanced his love of music and theater with his professional business and dreamed huge dreams beyond Cleveland to the theater of the world, with spectacular success. One of those dreams was The Rotary Foundation.

Your contribution to The Rotary Foundation keeps Arch Klumph's dream alive and fulfills the dreams of many people around the world who need our help.

Silent Auction

8 days until
September 24th.



SwarthmoreRotary.org/auction

Happy Dollars Total to date:



\$1237
(2062 children immunized)

All for the eradication of Polio.

Service Quotation

"If you can't feed a hundred people, then feed just one"

- Mother Theresa

Lexophiles' Corner

A dentist and manicurist fought tooth and nail.

A bicycle can't stand alone. It is just too tired.

A will is a dead giveaway.

A backward poet writes inverse.

With her marriage she got a new name and a dress.

A grenade fell on a kitchen floor in France and resulted in linoleum blownapart.

He broke into song because he couldn't find the key.

A calendar's days are numbered.

A boiled egg is hard to beat.

Bakers make bread recipes on a knead to know basis.

Acupuncture: a jab well done.