



CogNotes

The Rotary Club of Swarthmore
May 26, 2011

www.SwarthmoreRotary.org

May is **Volunteer** Month



Rotary International President

Ray Klinginsmith

District 7450 Governor Joan Batory
Assistant Governor Anne Hansen

2010-2011 Board

President	Marv Gelb
President-Elect	Brian Casey
Club Administration	Brian Casey
President-Nominee	Steve Laxton
Past President	Betty Ann Flynn
Secretary	Madeline Bialecki
Treasurer	Gladys Snively
Membership & Retention	Open
Sergeant-at-Arms	Dean Wolfe
Service Projects	Mike Malone
Rotary Foundation Program	Craig Fava
Community Service	Hillard Pouncy
Attendance	Ken Wright
Public Relations	Brian Casey
Int. Service	Josh Twersky
Vocational Service	Anne Hansen/Ray Hopkins
Youth Exchange	Randy Winton
Tech Specialist	Ann Seidman
Gundaker	Brian Casey
Interact Club	Harry Urian
Rotaract Club	Cathy Darrell
Charitable Trust	Joy Charlton
CogNotes Editor	Marty Spiegel
	Brian Casey

Coming Program & Events

June 2 John Cooley
The Fine Art of Branding Small Business

June 9 Jerry Clothier
Senior Vice President, the Phillies

June 14 Club Officer
Installation Ceremony

June 16 No Meeting

June 22 Board Meeting

June 23 Club Assembly

June 26 District Governor
Installation Ceremony

Today's Program:

Beth Murray

Report on Haiti

Table Grace:

Lord God, we are aware that life is lived but one day at a time, so we reach our goals.

Grant us, too, the longer view that we may not be so bound to the present that we lose sight of the larger purpose.

Give us, through Rotary, the "Vision Splendid" as we deal with the rough and tumble of daily living.

Thank you. Lord, for the gift of life today. Amen.

The Rev. Dr. Frederick E. Christian



The Pledge of Allegiance

Four Way Test:

Of the things we think, say and do;

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Last Week's Speakers:

Jeanna Vanni

By Mike Malone

Jeanna Vanni of Pilates Connexion of Swarthmore told us of Joseph Pilates' solution to his frail body, an exercise routine designed to strengthen and lengthen muscles, particularly in the core.

The principles of Pilates are control, concentration, centering, flowing movement, precision, and breathing.

By improving our posture we delay the aging process and enable ourselves to be happier in our daily efforts as well as our recreational pursuits.

Check her out at

www.ThePilatesConnexionPA.com.

Guests Last Meeting:

John Lodise, Renee Strahle,
James Surlus, Alayna Alberts

World of Work Comes to Rotary

By Brian Casey



Last week we were joined by Renee Strahle and 2 of the 5th Grade students who took part in the Invention Convention that coincided with World of Work.

Following the visits to businesses in the ville where the students saw first hand what it is like to work in a business, Students and Rotarians returned to the School where they go to see inventions that the students created. All inventions came with an presentation that explained the product, the target audience, the marketing plan and of course, the profit margin

Alayna presented her invention that helps with a “gross” problem. She invented a splash guard to go over the toilet bowl when the need arises to make use of a plunger.

In the interest of good taste, your reporter has elected to ignore this most fertile opportunity for wise cracks.

James also shared his invention - an automatic rocking chair. Making use of mechanics and physics, the chair employs a moving counter weight which causes the chair to move back and forth.

Our thanks once again to **Putty Willets** for the work that she puts into this community outreach with World of work and for bringing the Students and their teacher to our meeting.

Rotaractors Hammer Away in New Orleans

By Ryan Hyland Rotary International News

An area in the Upper Ninth Ward of New Orleans, echoed with the sound of a saw and the hammering of nails 19 May, as a dozen Rotaractors helped construct a new home for a family who lost everything during Hurricane Katrina in 2005.

The volunteers partnered with Habitat for Humanity of New Orleans during the Rotaract Preconvention Meeting, adding shingles to the three-bedroom house, installing siding, and building a front porch.

Netila Demneri, of the Rotaract Club of Toronto, says the opportunity to team up with other Rotaractors from around the world made the project an ideal example of the 2010-11 RI theme, Building Communities -- Bridging Continents.

“With three countries represented, we are truly bridging our continents, and together helping to build the New Orleans community,” says Demneri. “As aspiring Rotarians, we’re putting into practice the goal RI has set out for this year.”

The Rotaractors also worked alongside the new owner, who is required by Habitat for Humanity to invest at least 350 hours of “sweat equity” to help build the home.

Rotaractor Timothy Nay, of Maui, Hawaii, remembers seeing the devastation of Hurricane Katrina on the news after the storm hit.

“One of the big reasons all of us are here is that we remember what disastrous things happened to this city,” says Nay. “We’re only here for eight hours, but I’m truly honored to be a part of rebuilding New Orleans.”

Cheryl J. Wong, a member of the Rotaract Club of South Bay, California, USA, says the hands-on project is what Rotary and Rotaract are all about.

“I wanted to do something that would have an impact,” says Wong. “Rotaract is good at raising funds and putting on events, but it’s much more gratifying to be here, on the ground, making a difference.”



**Happy Dollars
Total Since
July 1: \$1571**



2009-2010 Total: \$896
(4112 Children Immunized)

All for the eradication of Polio.

Service Quotation

“No matter how big and powerful government gets, and the many services it provides, it can never take the place of volunteers”

-Ronald Reagan

Greeter



Our greeter **this week is:**

Dennis Hoffman

Our greeter **next week will be:**

A friendly Rotarian

Any volunteers?