



CogNotes

The Rotary Club of Swarthmore
September 1, 2011



September is **New Generations** Month

Celebrating 75 Years of "Service Above Self"
April 26, 1937 to April 26, 2012

Rotary International President

District 7450 Governor
Assistant Governor

Kalyan Banerjee
Bonnie Korengel
Anne Hansen

2011-2012 Board

President

President-Elect
Club Administration
President-Nominee
Past President
Secretary
Treasurer
Service Projects
Community Service
International Service

Brian Casey

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Will Fairley
Hillard Pouncy
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Ken Wright
Anne Hansen
/Ray Hopkins
Randy Winton
Joy Charlton
Betty Ann Flynn
Cathy Darrell
Dean Wolfe
Craig Fava
Hillard Pouncy
Josh Twersky
Steve Laxton
Marty Spiegel
Brian Casey

Vocational Service
New Generations
Membership
Retention
Sergeant-at-Arms
Rotary Foundation
Program
Public Relations
Gundaker
Charitable Trust
CogNotes Editor

Today's Program: Jeff Haviland

Youth Services at Strath Haven
High School

Table Grace

Father, at this time of fresh beginnings for so many, help us to reassess our priorities.

We get caught up in dull routines and in pursuing empty goals. Help us to see Rotary as a channel to vital and meaningful service. Give us now the gift of thankful hearts for these blessings of food and friendship, for we ask it in your name. Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

Sept 8 Visanth Prabhu

Rotary International "Matching Grants"

Sept 15 Tom Stephenson, Provost, Swarthmore College

The Nicaragua Project

Sept 22 Eileen Diangelo

Mad Poets and Good Spirits

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do;

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Polio Eradication Within Reach, Despite Concerns

Among the key goals of the Global Polio Eradication Initiative (GPEI) is interrupting transmission of the wild poliovirus by the end of 2012. Although the GPEI Independent Monitoring Board (IMB) reported in July that this goal may be in jeopardy, it also noted signs of progress and provided several recommendations that could help get the program back on track.

The GPEI has made significant steps forward since the launch last year of its new strategic plan and the bivalent oral polio vaccine. Among the four polio-endemic countries, India has reported only one case of polio so far this year. The country "is on track to interrupt transmission this year," the report states.

"The northern part of India, where most of the problem had been, hasn't had one case in 15 months," adds Robert S. Scott, chair of Rotary's International PolioPlus Committee.

Read the Full Story at Rotary.org

Guests Last Week:

Diane Boujikian

A Visit to San Jose Rotary

By Brian Casey

Travel always brings the opportunity to visit another Rotary Club. Last week I was in San Jose California and took a little time out between driving the Pacific Coast Highway and visiting Fisherman's wharf in San Francisco to join the Rotary Club of San Jose for lunch.

Clubs come in all shapes and sizes and I had lunch with around 200 of the 450 members! Wow! As President Shirley told me it is a big club but it gives them the opportunity to do more things. And they do a lot for sure.

The club has 49 committees and 2 of their committees gave updates on their Projects. One was a water purification system in Vietnam and the other was a project supporting a school in Nicaragua. The speaker for the day was their District Governor who spoke of his reasons for being a Rotarian. As Rotarians, we are changing the World by changing lives. He challenged us to think about why we are Rotarians. What is our passion? How can we make our club better and be more engaged.

This was an active club with roughly 20 members recognized as Paul Harris Fellows at various levels.

As Rotarians, we are a ubiquitous bunch. After our vacation was extended by Hurricane Irene, I stumbled upon the Rotary Club of Santa Clara celebrating their 75th anniversary. Sound familiar? Then at the airport I had a nice chat with some more Rotarians from Dallas.

Always nice to have a little Rotary along the way while on Vacation. As I write this, we are on our way to Pittsburgh and a 6 hour drive home from there. Who knows what else is in store before we finally get home?

Happy Dollars Total for 2011-12:

\$361

2010-11 Total: \$1690

2009-10 Total: \$896

(4912 Children Immunized)



Service Quotation

"If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody."

- Chinese proverb



Follow us at:

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Anniversaries:

Rotary:

Mollie Shifflet O'Brien

19 years

Last Week's Speaker:

David Director

By Marv Gelb

David Director, one of the founders of www.afewsteps.org spoke about community based energy conservation. AFewSteps.org is a non-profit organization created by local area residents to make a difference in reducing the usage of our energy resources in Swarthmore, Rose Valley, Nether Providence and Rutledge by taking a few energy saving steps each day.



Homeowners can save money through energy saving steps. Everyone can take these steps and they are very easy to do. The key is to create a model of simple repeatable components that are adaptable to local needs. Start with your own home. Spread the word. Become a volunteer. You can learn more at www.afewsteps.org and even sign up for their workshops.

Many churches, synagogues, and non-profits are in very old buildings with numerous opportunities for reducing energy costs. Swarthmore Presbyterian Church, with Energy Manager Jeff Darlin, reduced energy usage by 54% and is one of only 2 churches in the entire United States that has won a Green Energy Award for the past 2 consecutive years.

Right now, Energy Works Assessment (www.energyworksnow.com) will complete an assessment of your home's energy needs and suggestion of what to do for only \$150. That price is available only through September (their charge is normally \$400). PECO also has some energy cost saving ideas at www.pecosmartideas.com where you can find money-saving suggestions.

Finally, David asked the burning question, "If we can't do it here, where can we"?

*You are invited to a celebration of
International Literacy Day
at the
Delaware County
Literacy Council
on
Thursday, September 8, 2011*

- *Listen to adult learner success stories*
- *Hear how improved literacy skills change lives*
- *Meet Rotary District Governor Bonnie Korengel and learn about Rotary Literacy Projects*

*Open House
4-6 p.m.*

*2217 Providence Avenue
Chester, PA 19013
Light refreshments will be served
610.876.4811 or
www.delcoliteracy.org
for more information*