



# CogNotes

The Rotary Club of Swarthmore  
June 14, 2012



June is **Rotary Fellowship** Month

**Celebrating 75 Years of "Service Above Self"**

*April 26, 1937 to April 26, 2012*

## Rotary International President

**Kalyan Banerjee**

District 7450 Governor

Bonnie Korengel

Assistant Governor

Anne Hansen

## 2011-2012 Board

### President

**Brian Casey**

President-Elect

Will Fairley

Club Administration

Will Fairley

President-Nominee

Hillard Pouncy

Past President

Marv Gelb

Secretary

Madeline Bialecki

Treasurer

Gladys Snively

Service Projects

Mike Malone

Community Service

Ken Wright

International Service

Anne Hansen

Vocational Service

Randy Winton

New Generations

Joy Charlton

Membership

Betty Ann Flynn

Retention

Cathy Darrell

Sergeant-at-Arms

Dean Wolfe

Rotary Foundation

Craig Fava

Program

Hillard Pouncy

Public Relations

Josh Twersky

Gundaker

Steve Laxton

Charitable Trust

Marty Spiegel

CogNotes Editor

Brian Casey

## Today's Program:

**Rick Semak, Co-Founder and Executive Director of Startup Corps**

"How Startup Corps Helps High Schools Develop Entrepreneurial Leaders"

## Table Grace

Father, as we face each other around these tables, test us by Rotary's lofty ideals. Inspire in us through this meeting a larger loyalty and a steadier vision of what we want our Club to be.

Give us grateful hearts for this food and for our friendships in Rotary, and your name be praised. Amen.

The Rev. Dr. Frederick E. Christian

## Coming Program & Events

**June 21 No Meeting**

**June 28 Classification Talks**

## The Pledge of Allegiance



## Four Way Test:

Of the things we think, say and do;

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all



## Guests Last Week:

none

## Last Week's Speaker: Rick Lowe by Mike Malone

Swarthmore Mayor **Rick Lowe** brought news of the Ville. Though some approval negotiations remain, he believes the Inn project will move forward and will serve most people well and bring vitality to the business district. He has seen traffic circles in another city work well. The Ville's recent Memorial Day celebrations have become increasingly and satisfyingly meaningful. Rick has been in conversation with Borough Volunteer Taskforce, working to reduce anti-gay and lesbian bias and encourages Rotary and others to listen to their concerns and increase sensitivity to diversity. He believes the excellent reputation of the College will provide stability both for itself and the Ville even in the midst of changes in higher education and the economy.



## Member Recognition and Officer Installation

The Annual Celebration and Installation is fast approaching on June 20th. This is our night to celebrate our successes of the past year and install the incoming President and club leadership Team.

If you have not already sent your RSVP, Please contact Michelle Fairley at 610-543-6598 or [mfairley@mfairleydesign.com](mailto:mfairley@mfairleydesign.com).

Thanks and we look forward to a great evening of celebration on the 20th.

Reminder – There will be no meeting on Thursday June 21.

## New Rotarian Action Group helps countries grow food that suits their nutritional needs

*By Diana Schoberg and Katie Hills, the Rotarian — June 2012*

When Australian Bruce French went to Papua New Guinea as an agriculture instructor 40 years ago, his students asked him to teach them about native edible plants. "I knew nothing about Papua New Guinea food plants," he recalls. "So I had to start learning."

The result was a series of books on indigenous food plants, and the not-for-profit Food Plants International, which maintains a database of 25,000 edible plants that includes descriptions, lists of countries and climates where they grow, photos and drawings, and cooking methods.

"There are thousands of nutritious plants, but people don't have any information about them," says Buz Green, an agriculturalist and member of the Rotary Club of Devonport North, Australia. "We're trying to bridge some of the gaps."

"Rotarian teams in developing countries inevitably identify hunger, malnutrition, and food security as critical issues," Green explains. "They tend to look to Western solutions to address food production issues."

### Nutritional profile

The problem, he says, is that Western crops don't have the right nutritional profile for people in the developing world, whose diets often have little variety. Indigenous crops can allow them to eat more nutritiously and are already adapted to local pests, diseases, and climatic conditions.

The "green revolution" of the 1950s and '60s, for example, led to increased agricultural productivity in Asian countries, but also to unforeseen effects. The weeds that grew in rice paddies had served as the primary source of vitamin A for villagers in India, and when those weeds were eradicated, the people became deficient. "Virtually every woman in the tropical world is anemic," French adds. "We go there with cabbages and make the situation 10 times worse."

### Learn Grow

French and Green launched the Learn Grow project in June 2007 to help people in developing countries grow local food that suits their nutritional needs. Early last year, the RI Board recognized the Food Plant Solutions Rotarian Action Group, whose 195 members will help Rotarians implement Learn Grow efforts, according to its chair, Past RI Director John Thorne, of the Rotary Club of North Hobart, Australia. *Read the rest of the story at [http://www.rotary.org/en/MediaAndNews/News/Pages/120604\\_news\\_learn-grow.aspx](http://www.rotary.org/en/MediaAndNews/News/Pages/120604_news_learn-grow.aspx).*



*Bruce French at a market in the Solomon Islands, where Learn Grow launched a local foods project. Photo courtesy of Food Plant Solutions Rotarian Action Group*

## Happy Dollars Total for 2011-12:

**\$2085**

2010-11 Total: \$1690

2009-10 Total: \$896

(7785 Children Immunized)



## Service Quotation

"The life I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt"

- Frederick Buechner, Educator, Writer, Theologian.

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## Anniversaries

### Wedding:

Ed and Lyn Jones June 14 69 yrs!

**SAVE THE DATE!**  
**Wednesday**  
**June 20, 2012**  
**6 p.m.**

**at the Springhaven Club**  
**(No Thursday Luncheon)**

**Swarthmore Rotary**  
**Member Recognition**  
**and Installation of Officers**  
**Dinner**

