

CogNotes



The Rotary Club of Swarthmore July 19, 2012

July is Rotary Installation Month

Improving Lives in Communities
Locally and Around the World for over 75 Years

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Today's Program:

Lyn Samson, Executive
Director of Help Hope Live
"Let Me Introduce to You 'Help
Hope Live"

Table Grace

Lord of this nation and of the nations of the world, we thank you that our lives have fallen in this pleasant place.

Yet keep us from pride of mind or boastful tongue; save us from narrow loyalty and our flag from selfish shame.

Help us through Rotary to see all humanity as one family and inspire us to be a blessing to all people and we shall ever praise your name. Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

July 24 Rotary Night at the Phillies

July 26 Ray Hopkins, club member "To Horta and Back in a Small Boat""

Aug 2 Cindy Messerle, Executive Director of the Delaware County Community Foundation

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do;

- 1. Is it the Truth?
- 2. Is it Fair to all concerned?
- 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Last Week's Speaker—Mares Steelfox by Joy Charlton

Mares Stellfox described her career as a race car driver, during which she has often been the first or only woman. Not always welcomed, she has persisted, succeeded, and continues to race. Inspired by Go-Cart racing at age 4, she began car racing in the 1980s, first with Micro Sprints, then Midgets, now Sprints, and was even invited in 1994 to be the first woman NASCAR driver. Sprints are dirt-track, open, alcohol-fueled cars with "wings" on the roof; with 750 HP,



they are the most powerful race car as measured by the horsepower-to-weight ratio and typically race at speeds of 110-140 mph. Racing is an expensive sport, costing about \$100,000 to begin and \$500 per event for fuel, tires, etc.; Mares races with the help of volunteers, including her son Matt, who also joined us for lunch. Interesting local item: Swarthmore at one time had its own race track called Fairview Speedway, apparently located near the intersection of Fairview Road and Michigan Avenue in the 1930s.

Guests Last Week
Matthew Steelfox

President's Update

To kick off our new Rotary year, President Will is in the process of meeting with each Rotary Club Committee to discuss plans for the coming year. Will states that, "my hope is that everyone can find a way to contribute something, and that we can build participation and engagement more broadly across the club membership. That's the best way to generate new ideas." This past

Monday Will met with the Public & Rotary Relations Committee, chaired by Linda Carpenter, and discussed how we can develop even better communication and connection within and outside the club.

Our fun fair caterer, Steve Raab, was highlighted in a recent Inquirer article on New Jersey's BBQ Championship at Wildwood. Following are excerpts from the article:

Smoky, spicy, and sweet - the smells of barbecue filled the air last Sunday, stretching for six blocks and along the beach of North Wildwood, as the

three-day New Jersey State Barbecue Championship came to a close. After becoming rookies of the year during their inaugural 2007 season of competition, Steve Raab and his wife, Loren, left their jobs in insurance and to focus on barbecue full time with friend Eric Keating. Then known as Fat Angel, they won the New Jersey competition in 2009 and 2011. Their catering



business opened in 2008 and they opened Local Smoke restaurants in Cookstown and Neptune last year. "I was always kind of a carnivore, but I never really expected to be a professional barbecuer," said Raab, 34. Local Smoke placed ninth in this year's competition.

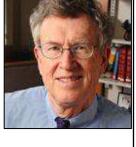
Rotary T-Shirts—The Time is Now

Are you a new member and want a Rotary polo shirt to wear at the Fun Fair or other events? Or maybe you need to replenish your existing Rotary wardrobe. The polo shirts depicted here can be ordered from Russell-Hampton Company, with graduated volume pricing (see below). The silk luster jersey polo is made of 55% cotton and 45% polyester. The 5.3oz blend with EDRY wicking perfomance has a matching knit collar, three button placket (men's), johnny collar (ladies), hemmed sleeves, and hemline side slits. Easy care machine wash and dry. Colors: red, navy, blue, black, or white. For more details go to http://www.bestclubsupplies.com/.

Volume pricing: 3 at \$37.20 ea; 6 @ \$35.45; 12 @ \$33.70; 25 @ \$31.95.

Jim Leming is willing to coordinate a club order—please let him know what you need.





Happy Dollars Total for 2012-13:

\$117

2011-12 Total: \$2311 2010-11 Total: \$1690 2009-10 Total: \$896

(8357 Children Immunized)

Service Quotation

"Every person is guilty of all the good they didn't do."

- Voltaire, Philosopher, Essayist

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Anniversaries

Birthday:

Linda Carpenter

July 23

Program Notes	