



CogNotes



The Rotary Club of Swarthmore
July 19, 2012

July is **Rotary Installation** Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President

District 7450 Governor
Assistant Governor

Sakuji Tanaka
David Ellis
George Whitfield

2011-2012 Board

President

President-Elect

Club Administration

President-Nominee

Immediate Past President

Secretary

Treasurer

Sergeant-at-Arms

Budget Chair

Program and Meetings

Membership

Retention/Attendance

Public Relations

Community Service

Grants Chair

International Service

Vocational Service

New Generations

Rotary Foundation

Gundaker

Charitable Trust

CogNotes Editors

Will Fairley

Hillard Pouncy

Hillard Pouncy

Perri Evanson

Brian Casey

Steve Laxton

Gladys Snively

Dean Wolfe

Marty Spiegel

Ann Seidman

Betty Ann Flynn/Marv Gelb

Cathy Darrell

Linda Carpenter

Ken Wright

Josh Twersky

Anne Hansen

/Ray Hopkins

Randy Winton

Ron Van Langeveld

Craig Fava

Steve Laxton

Brian Craig

Lisa Lee/Jim Leming

Today's Program:

**Lyn Samson, Executive
Director of Help Hope Live**
"Let Me Introduce to You 'Help
Hope Live'"

Table Grace

Lord of this nation and of the
nations of the world, we thank
you that our lives have fallen
in this pleasant place.

Yet keep us from pride of mind
or boastful tongue; save us
from narrow loyalty and our
flag from selfish shame.

Help us through Rotary to see
all humanity as one family and
inspire us to be a blessing to
all people and we shall ever
praise your name. Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

July 24 Rotary Night at the Phillies

July 26 Ray Hopkins, club member
"To Horta and Back in a Small Boat"

Aug 2 Cindy Messerle, Executive
Director of the Delaware County
Community Foundation

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do;

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Last Week's Speaker—Mares Steelfox by Joy Charlton

Mares Steelfox described her career as a race car driver, during which she has often been the first or only woman. Not always welcomed, she has persisted, succeeded, and continues to race. Inspired by Go-Cart racing at age 4, she began car racing in the 1980s, first with Micro Sprints, then Midgets, now Sprints, and was even invited in 1994 to be the first woman NASCAR driver. Sprints are dirt-track, open, alcohol-fueled cars with "wings" on the roof; with 750 HP, they are the most powerful race car as measured by the horsepower-to-weight ratio and typically race at speeds of 110-140 mph. Racing is an expensive sport, costing about \$100,000 to begin and \$500 per event for fuel, tires, etc.; Mares races with the help of volunteers, including her son Matt, who also joined us for lunch. Interesting local item: Swarthmore at one time had its own race track called Fairview Speedway, apparently located near the intersection of Fairview Road and Michigan Avenue in the 1930s.



Guests Last Week
Matthew Steelfox

