

# CogNotes



The Rotary Club of Swarthmore  
August 2, 2012

August is **Rotary Membership & Extension** Month

*Improving Lives in Communities  
Locally and Around the World for over 75 Years*

### Rotary International President

District 7450 Governor  
Assistant Governor

**Sakuji Tanaka**  
David Ellis  
George Whitfield

### 2011-2012 Board

#### President

President-Elect

Club Administration

President-Nominee

Immediate Past President

Secretary

Treasurer

Sergeant-at-Arms

Budget Chair

Program and Meetings

Membership

Retention/Attendance

Public Relations

Community Service

Grants Chair

International Service

Vocational Service

New Generations

Rotary Foundation

Gundaker

Charitable Trust

CogNotes Editors

**Will Fairley**

Hillard Pouncy

Hillard Pouncy

Perri Evanson

Brian Casey

Steve Laxton

Gladys Snively

Dean Wolfe

Marty Spiegel

Ann Seidman

Betty Ann Flynn/Marv Gelb

Cathy Darrell

Linda Carpenter

Ken Wright

Josh Twersky

Anne Hansen

/Ray Hopkins

Randy Winton

Ron Van Langeveld

Craig Fava

Steve Laxton

Brian Craig

Lisa Lee/Jim Leming

### Today's Program:

**Cindy Messerle, Executive  
Director of the Delaware  
County Community  
Foundation**

### Table Grace

Lord, we thank you for sun-filled days and fun-filled hours at this season shared with families and friends.

Although our many responsibilities continue, we carry them with greater ease because you have blessed us so abundantly.

Amen.

The Rev. Dr. Frederick E. Christian

### Coming Program & Events

Aug 9 TBA



### The Pledge of Allegiance

## Four Way Test:

Of the things we think, say and do;

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

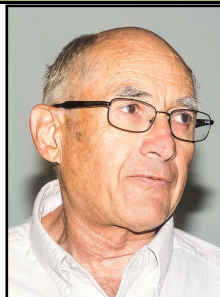


### Guests Last Week

Chris Darrell, Don Carpenter

### Last Week's Speaker—Ray Hopkins: Adventurer by Jim Leming

An engineer, a lawyer, a physician and a professor were on this 37 foot Tartan sloop sailing 2000 miles across the open Atlantic from Bermuda to the Azores. As Ray said, sounds like the start of a joke ... but this was a true-life adventure, and Ray gave us all a "down on the water" feel for what it was like in his presentation last week. Ray provided short movie clips of the rolling waves and pictures of life on board the boat during their 16 day journey. We learned about preparations for the trip, equipment essentials, clothing and foul weather gear, rotating navigation duties with sleep time, preparing meals, safety precautions – including training for rescuing a man overboard, communications at sea, and the impact of wind directions, water currents, and storms. However, he did not share his special oatmeal recipe with us! Asked why he decided to go on the trip, Ray stated it was for the adventure – and that when his wife and family said he shouldn't go, he knew he was going to.



### Program Notes

---

---

---

---

---

---

---

---

## President's Corner

President Will Fairley continued his meetings with Committees at a meeting July 23 at Cheng Hing on Grants Committee plans for 2012-2013. Present were Josh Twersky, Chair of the Committee for 2012-2013, Marv Gelb, and Marty Spiegel.

The Grants Committee receives requests from charities and anyone who is seeking Club support on a charitable basis. They fill out a simple form ("Request for Funding") which is available from a link on our Club website ([www.swarthmorerotary.org](http://www.swarthmorerotary.org)). The Committee meets (often by email or in ten minutes after Thursday lunch), and makes a recommendation for funding or not, and if so how much. The Club Board receives the recommendation and votes on the request. A suggestion was adopted to speed actual disbursement of funds by having a place for the Club President's signature right on the form.

The discussion led to a suggestion to create a separate Fundraising Committee that would act as a think tank and clearinghouse for fundraising ideas each year.

Any Club member who might have an interest in being on either one of these Committees should contact Josh Twersky.

## Report from RYLA North America - July 11th – July 15th 2012 By Devon Pennington on the District 7450 Website

RYLA 2012 was an amazing experience! Six Rotaract members from District 7450 attended and met with over 140 other Rotaract members from nearly 40 countries. The Rotaractors that attended were Devon Pennington from Main Line Rotaract Club, Mike Ceranic from Manor Rotaract Club, Jen Hu\* and Caitlin Sequira\* from Swarthmore Rotary Club, Tierny Ulmer from West Chester University Rotaract Club, and Thomas Dixon from the Philadelphia Rotaract Club. Lessons of leadership and understanding filled our time as we spent the five day experience in small groups of about 10-12 members. The journey began on Wednesday with registration and sightseeing at the Library of Congress, Supreme Court and a tour of Congress itself. Each night we enjoyed a different embassy for dinner and we enjoyed Wednesday evening at the Embassy of Finland.



*\*sponsored by Swarthmore Rotary*

## Rotary T-Shirts—Don't Forget to Order

Are you a new member and want a Rotary polo shirt to wear at the Fun Fair or other events? Or maybe you need to replenish your existing Rotary wardrobe? Jim Leming will submit an order for the club in late August—just let him know what you need. For more details go to <http://www.bestclubsupplies.com/>.



## Happy Dollars Total for 2012-13:

**\$83**



2011-12 Total: \$2311

2010-11 Total: \$1690

2009-10 Total: \$896

(8300 Children Immunized)

## Service Quotation

"There is no higher religion than human service. To work for the common good is the greatest creed."

- Albert Schweitzer (1875-1965), German theologian, philosopher, and physician

Follow us at:

[www.twitter.com/SwarthmoreRC](http://www.twitter.com/SwarthmoreRC)



## Anniversaries

### Birthday:

Ann Seidman

Aug. 3

### Wedding:

Dean Wolfe

Aug. 3

## Volunteer Opportunity

Mary Laxton, PA, Assistant Professor in the Physician Assistant program at Arcadia University, and wife of Steve Laxton, spoke to the Rotary Club regarding a training project for PA students that will build their skills at taking medical histories from patients. The students will be interviewing volunteer patients at Trinity Episcopal Church in Swarthmore on August 3<sup>rd</sup> and August 10<sup>th</sup>, in 1 – 1.5 hour time slots starting at 10am and 1pm each day, and volunteer "patients" are needed. If you are willing to help by being interviewed by a student, give Mary a call at 610-996-5416. Mary stressed that your name and medical information will be confidential.

