

CogNotes



The Rotary Club of Swarthmore January 24, 2013

January is Rotary Awareness Month

Improving Lives in Communities
Locally and Around the World for over 75 Years

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Assistant Governor
Assistant Governor
Assistant Governor
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David Ellis
George Whitfield

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	/Ray Hopkins
Vocational Service	Randy Winton
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Rotary Foundation	Craig Fava
Gundaker	Steve Laxton
Charitable Trust	Brian Craig
CogNotes Editors	Lisa Lee/Jim Leming

Today's Program:

Claudia Cueto, AIA, Principal CuetoKEARNEYdesign, LLC "Passive House on Dartmouth, a Sustainable Retrofit"

Table Grace

Lord God, teach us that the unfolding tomor-rows are not simply times and places where we arrive, but the results of what we create by what we are and do today.

Bless us here as we gather in Rotary's name and help us to act wisely and well.

Give us, above all, grateful hearts for the chance you give us to do so in your name in this New Year.

Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

Jan 31 Club Assembly

Feb 7 Jessica Medard, Rotary Exchange Student from Quebec, Canada

Feb 14 Josh Twersky, CPA, Member of Swarthmore Rotary

"Affordable Health Care Part II"

Feb 21 Dr. George Assaf, Director and Representative of UNIDO to the UN "Sustainable Development"

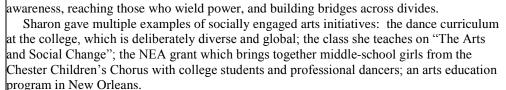
Know someone who might have interest in one of our upcoming topics? Invite them to the meeting that day!

The Pledge of Allegiance



Last Week's Speaker—Sharon Friedler by Joy Charlton

Sharon Friedler is a professor of Dance at Swarthmore College
– an artist, teacher, dancer, writer, administrator – who
increasingly describes her work as "work for peace." On behalf
of peace, art can be a vehicle for self-declaration and building



Finally, Sharon showed film clips from two performances developed by dramatist Teya Sepinuk as "theater of witness" in Northern Ireland. Both performances involved actual citizens who experienced "The Troubles" recounting and then enacting their exposure to violence and suffering. The goal is to provide an opportunity for catharsis, dialogue across boundaries, and peaceful reconciliation.

Four Way Test:

Of the things we think, say and do;

- 1. Is it the Truth?
- 2. Is it Fair to all concerned?
- 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Guests Last Week
Joan Wright, prospective member



A Message from DG Dave from the January issue of District 7450 "Rotary Leader"

Happy New Year! 2013 has arrived! What will you do to make this the best year of your Cub's existence? Will you introduce a new project to the Club? Will you find a new fundraiser? Will you look for ways to serve the New Generations in your area – perhaps a new Interact, Early Act, or Rotaract Club is on the horizon. Will you

introduce friends, neighbors, or business associates to the opportunities that Rotary affords?

Whatever it is, let me say thank you – thank you for being a Rotarian. Thank you for serving your community and thank you for looking out for the less fortunate whether it is in your community or half way around the world. The opportunity to serve is big, but not so big that each of us can't fill in just a little of the bigness. Find your passion and serve.

June 23-26 will find Rotarians from around the world gathering in Lisbon, Portugal at our Rotary International Convention. If you haven't ever attended a convention, I encourage you to consider this one. It is located at a good entry point to Europe and can open some travel opportunities in either a pre or postconvention time frame. Our District is planning a dinner for all attendees Tuesday, June 25th so keep that night open with more information to follow.

Additionally, our zone will have a dinner on Sunday, June 23. It's a great time to meet others serving in the same environment that we have here in District 7450. Whatever direction you may find yourself headed in Rotary, remember that when you are given the choice to sit it out or dance, I HOPE YOU DANCE!

Top Rotary Stories of 2012

During January we will highlight some of the top stories from last year.

Rotary districts have begun qualifying for The Rotary Foundation's new grant model, which goes into effect for all districts on 1 July. For the past three years, 100 pilot districts have been testing this Future Vision model, providing feedback to help the Foundation refine it.

The model includes three types of grants: district, global, and packaged. Applications for district grants began in late October, and those for the other two types will begin early in 2013.

District grants offer clubs and districts flexibility in carrying out activities that further the Foundation's mission, and can be used for short-term projects in both local and international communities. Districts can request up to 50 percent of their District Designated Fund in one annual block grant.

For example, Rotarians in District 5340 (California, USA) used district grants to provide clean water for rural communities in South Sudan and to boost the capacity to carry out search-and-rescue efforts in their own community, among other projects.

Global grants support large international activities with sustainable, measurable outcomes in one or more of the six areas of focus.

District Rotarians raising funds for Sandy Hook School Fund

A delegation from the Media Rotary Club will travel to Newtown, Connecticut Jan. 14 to attend the weekly meeting of the Newtown Club. District Governor Dave Ellis plans to join the delegation which will present funds from District 7450 Rotarians for the Newtown Rotary Club Sandy Hook School Fund. Spearheading the fundraising is the Media Rotary Club. At last report, Great Valley, Swarthmore and Kennett Square Rotary Clubs have joined the effort.

Clubs from District 5340

used district grant

Sudan

funding to support a

water project in South

The Sandy Hook School Fund is dedicated to the victims of the Sandy Hook School tragedy, their families, and those in the Newtown community who have been affected, to help support both their short-term and long-term needs.

Tax deductible contributions (make checks payable to "Newtown Rotary Sandy Hook School Fund") also can be sent to **Newtown Rotary** Sandy Hook School Fund, PO Box 263, Newtown, CT 06470. Donations also can be paid through PayPal or by going to Newtown Rotary.org Making a Donation page.



2011-12 Total: \$2311 \$1690 2010-11 Total: 2009-10 Total: \$896

(10172 Children Immunized)

All Proceeds to Polio Eradication.

Service Quotation

"Service to others is the rent you pay for your room here on earth."

 Muhammad Ali, American former professional boxer who beat more champions and top contenders than any heavyweight champion in boxing history. A philanthropist and social activist.

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What is an Artivist?

Last week's speaker, Sharon Friedler, shared the following thought:

In the book It's Bigger Than Hip Hop M.K. Asante, Jr. writes of the artivist:

"The artivist (artist +activist) uses her artistic talents to fight and struggle against injustice and oppression—by any medium necessary. The artivist merges commitment to freedom and justice with the pen, the lens, the brush, the voice, the body, and the imagination. The artivist knows that to make an observation is to have an obligation."