

CogNotes



The Rotary Club of Swarthmore
February 21, 2013

February is **Rotary World Understanding** Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

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Assistant Governor

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David Ellis
George Whitfield

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President-Elect

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President-Nominee

Immediate Past President

Secretary

Treasurer

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Budget Chair

Program and Meetings

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Retention/Attendance

Public Relations

Community Service

Grants Chair

International Service

Vocational Service

New Generations

Rotary Foundation

Gundaker

Charitable Trust

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Linda Carpenter
Ken Wright
Josh Twersky
Anne Hansen
/Ray Hopkins
Randy Winton
Ron Van Langeveld
Craig Fava
Steve Laxton
Brian Craig
Lisa Lee/Jim Leming

Today's Program:

Dr. George Assaf, Director and Representative of UNIDO to the UN
"Sustainable Development"

Table Grace

Lord of this nation and of the lands far and near, accept our thanks for the heroic figures who have made America what she is at her best.

Restore in our day the vision they had and rekindle our zeal to realize It. Thank you, God, for what we so fully enjoy and make us ready to share its blessings with others.

In your name we pray. Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

Feb 23 Rotary Turns 108

Feb 28 John Lyndner, Mayor of Chester

Mar 5 Carolyn Pouncy, author of *The Golden Lynx*

Mar 12 Kate Hyzer, New Executive Director of Delaware County Literacy Council

Mar 15 RYLA Conference

Know someone who might have interest in one of our upcoming topics? Invite them to the meeting that day! They might be a prospective member.



The Pledge of Allegiance

Four Way Test:

Of the things we think, say and do;

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Last Week's Speaker— Josh Twersky on the Affordable Health Care Act

By Joy Charlton

Josh Twersky, CPA, informed us about key points of the Affordable Care Act. The legislation is surely complicated "at about 2,000 pages" and will become yet more complicated as regulations are developed for enacting the Act's provisions and as changes are phased in on varying timetables. Many uncertainties remain but especially important to attend to are changes to commercial insurance requirements, such as coverage required for dependents through age 26; no exclusions for previous existing conditions, phased in first for children; coverage for preventative services; no lifetime limits. Flexible health care spending accounts are affected, as are Medicare and Medicaid programs.



More, and more specific, details about these and other elements of the new health care legislation are available at: <http://www.healthcare.gov/law/>.

Guests Last Week

Curt Gardner; prospective member;
Joan Wright; Cait Lesniak

COMING SOON – World Rotaract Week – March 11 – 17

It's Rotaract's 45th birthday! Celebrate World Rotaract Week, 11-17 March, with a service project that brings Rotarians and Rotaractors together to take action in your community. Afterwards, the Rotary club president or district Rotaract chair can download a certificate recognizing the Rotaract club's participation. Read World Rotaract Week project ideas and order Rotaract promotional cards or the new Rotaract Handbook at this link (<http://www.rotary.org/en/StudentsAndYouth/YouthPrograms/Rotaract/Pages/Events.aspx>)



Happy Dollars Total for 2012-13: **\$1352**



2011-12 Total: \$2311
2010-11 Total: \$1690
2009-10 Total: \$896

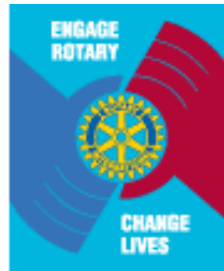
(10415 Children Immunized)

All Proceeds to Polio Eradication.

Seven Ways to Get More Out of Rotary in 2013

(First of three installments)

By Antoinette Tuscano - Rotary International News – January
2013 (from Rotary.org)



1. Be part of Rotary's efforts to End Polio Now

Swarthmore Rotary already does a lot – but here's what's suggested: Consider planning a fundraiser for polio eradication, taking part in the World's Biggest Commercial, or having your club or district light up a landmark as part of Rotary's anniversary celebration on 23 February. Rotarians have made great progress in the push to end the disease, but the job isn't finished yet. As little as US\$0.60 can help immunize a child against the incurable disease. Contribute to PolioPlus, and learn more about Rotary's eradication efforts.

2. Think strategically and set club goals

Rotary Club Central is an online assessment tool that helps clubs set goals and track their accomplishments, such as contributions to The Rotary Foundation. New features have just been added that allow clubs to plan and track service projects from beginning to end, and set public relations goals. Log in through Member Access, and help your club work more efficiently by using the tool to set and measure club goals.

3. Get up to speed on the new grant model

In July, all districts will begin using the Foundation's new grant model. Get prepared by learning more about the model. See what Rotarians have to say about the model, read a global grant case study, and check out a guide to the new grants in *Global Outlook*.

This Day in History

- 1848—Marx publishes Manifesto
- 1885—Washington Monument dedicated
- 1948—NASCAR founded
- 1965—Malcolm X assassinated
- 1972—Nixon arrives in China for talks

Service Quotation

“A civilization flourishes when people plant trees under which they will never sit.”

- Greek proverb

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Anniversaries

Birthday:

Mike Malone	Feb 25
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Wedding:

Ann Seidman	Feb 23
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Rotary:

Donna Amalfitano	Feb 23	1 yr
Linda Carpenter	Feb 23	1 yr
Perri Evanson	Feb 23	12 yrs

Program Notes
