

CogNotes



**The Rotary Club of Swarthmore
December 12, 2013**

November is **Rotary Family Month**

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President Ron D. Burton
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CogNotes Editors	Lisa Lee/Jim Leming

Today's Program:

**Swarthmore College Rotaract
Students: Jennifer Hu, Lauren
Sibeck, Marissa Bradley, and
Alondra Rosales**

Table Grace

As the pace of activity increases toward Christmas, teach us, Good Lord, to slowdown and appreciate the simple joys that this season offers: meeting with friends old and new, the glow of a light in a child's face, this time here together, and so many opportunities that we pass by in our haste that offer abiding joy.

Above all, make us truly appreciative of your countless gifts to us. Amen.

The Rev. Dr. Frederick E. Christian

Coming Program & Events

Club Meetings

NOTE watch carefully for location changes for meetings between 12/12/13 & 2/6/14

Dec 19 Silvertones

(at CADES School)

Dec 26 Christmas—No Meeting

Jan 2 New Year's—No Meeting

Happy Holidays!

The Pledge of Allegiance



Four Way Test:

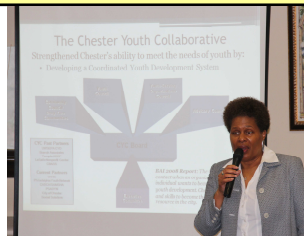
Of the things we think, say and do;

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all Concerned?



Last Week's Speaker— Janet Riley Ford By Joy Charlton

As Director of the Chester Youth Collaborative, Janet described for us the history and current foci of the CYC, which serves as the official umbrella organization for all youth in the city. Funded originally by the William Penn Foundation, Janet and the CYC took a full year to first develop trust, relationships and networks with existing organizations, community leaders, government agencies, residents and youth. The CYC now consists of over 65 organizations, schools, businesses, and agencies working in partnership, structured into six councils or topical groups. One of CYC's priorities is "Employability and Life Skills" for youth, which is where "WorkReady Chester" fits in. We will be partnering with WorkReady Chester's summer internship program for youth with our global grant.



CYC: <http://www.crozerkeystone.org/services/youth-collaborative/>

Guests Last Week

Nathan Much, prospective member

CADES History



Building Hope, Transforming Lives.

In 1951, a small group of dedicated parents envisioned a place where their children with cerebral could learn and be cared for in ways that would respect their limitations but also their abilities. It was a time when special education was not common. Parents of children with special needs had to be resourceful in finding ways to help their child reach their potential. And so, with an initial enrollment of 25 children, the nonprofit United Cerebral Palsy (UCP) of Delaware County was born.

Initially, UCP was located in Chester. It also had program space located in Ohev Shalom Synagogue in Wallingford, and in Boothwyn. In 1978, all programs were consolidated in a move to the Green Ridge Elementary School in Aston. Working through UCP, the Pennsylvania Elks began funding a Home Visiting Nurse Program in 1965. Though this program no longer exists in that form, it was the beginning of the organization's outreach social services. In 1966, the Transportation Program was begun, initially serving children attending the UCP day programs.

UCP continued to grow, building on its reputation as a well-respected organization with the strength and expertise to successfully execute its mission. In 1978, UCP opened its first Residential Program home. In 1983, the organization moved to the Swarthmore Elementary School, with the help of numerous Rotary Club members.

Always evolving, UCP realized that its name didn't accurately reflect the community it served. Programs had expanded to include individuals of all ages, and with disabilities of many types. And so, in 2002, the organization formally changed its name to CADES, which stands for Children and Adult Disability and Educational Services. And in 2008, CADES finally located itself permanently, buying the Rutgers Avenue school building it had previously rented from the Wallingford-Swarthmore School District.

Working with local school districts, human services agencies, and the families of those with disabilities, CADES is now a vibrant, important resource in southeastern Pennsylvania. Through grants and the generosity of its donors, area foundations, and corporations, the five core CADES programs have grown to serve over 600 individuals each year. Now nestled in the quiet residential neighborhood of Swarthmore, Pennsylvania, the dream of several parents grew from a small seedling into a large tree, protecting and nurturing those among us who live with the daily challenges of disability.

For more information or to donate go to: www.cades.org

THIS WEEK IN HISTORY

December 10– World Human Rights Day, The 1948 Universal Declaration of Human Rights states that respect for the human rights "is the foundation of freedom, justice and peace in the world."

December 11– UNICEF was founded in 1946, to help children in war-torn countries. Today it stands with Rotary in the fight against Polio!

Happy Dollars Total for 2013-14: \$901



2012-13 Total: \$2,345

2011-12 Total: \$2,311

2009-11 Total: \$2,586

(13,572 Children Immunized)

All Proceeds to Polio Eradication.

Service Quotation

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

~ Mark Twain

Follow us at:
www.twitter.com/SwarthmoreRC



Anniversaries

Birthday:

John Kaufman

Dec. 13

Announcements

Ann Seidman will "star" in the Media Chamber Chorale's presentation of "Ceremony of the Carols"

For info and directions go to:

www.mediachamberchorale.org.

