

CogNotes



The Rotary Club of Swarthmore January 16, 2014

January is Rotary Awareness Month

Improving Lives in Communities
Locally and Around the World for over 75 Years

Rotary International President Ron D. Burton District 7450 Governor Charles Streitwieser Assistant Governor George Whitfield

2013-2014 Board

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	/Ray Hopkins
Vocational Service	Randy Winton
Youth Service	Ron Van Langeveld
Special Projects	Betty Ann Flynn
Rotary Foundation	Craig Fava
Gundaker	Steve Laxton
Charitable Trust	Brian Craig
CogNotes Editors	Lisa Lee/Jim Leming

Today's Program:

Peter Hansen, author
Discussing his book The
Summits of Modern Man:
Mountaineering after the
Enlightenment

Table Grace

Lord of all ages, we have entered a New Year filled with uncertainty as well as opportunity.

Make us aware of the certainty of your presence in all things, that we may be resolute and calm.

Use Rotary, far and wide, to forge bonds of understanding and, as we meet here today, accept our gratitude for the blessings you have bestowed upon us.

Amen.

The Rev. Dr. Frederick E. Christian

Last Week's Speaker— John Sacharok

By: Joy Charlton

John is a partner at Golden Valley Farms of West Chester, a familyowned, coffee-roasting facility and coffee-promoting business. John has been involved with coffee for decades, beginning with the earliest days of Wawa Stores when he developed their originally organic and shade-grown brand. Now only 1% of coffee fits that description, while coffee has become the most-traded commodity on earth, even more than oil, and 80% of Americans drink it.



Meeting the demands of popularity and profit-making meant that forests were cleared so that coffee plants could be grown in the sun (faster) and be easily harvested, the results of which are not environmentally sustainable (depleting the soil) or good-tasting. John is on a mission to reverse that direction, by helping small farmers, globally, remediate the soil and shadegrow organic coffee beans that taste great and make a profit. This helps small farmers succeed, helps the environment survive, and helps create a more internationally networked world.

Coming Program & Events

Club Meetings

NOTE watch carefully for location changes for meetings between 1/9/14 & 2/6/14

Jan 23 William Ryan, Chairman, and Doug Harbach, Director of Communications

"The Pennsylvania Gaming Control Board"

Know someone who might have an interest in one of our upcoming topics? Invite them to the meeting that day! They might be a prospective member.

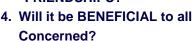
The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do;

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?



Follow us at: www.twitter.com/SwarthmoreRC



Guests Last Meeting

Susan Larson, Prospective Member

WHAT IS RYLA?

Leadership is an essential aspect of Rotary—and we offer both clubs and programs to help emerging leaders develop their skills. Through these groups, participants strengthen their leadership skills, serve their communities, increase their world



understanding, build friendships, and more.

Rotary Youth Leadership Awards (RYLA) is a leadership development program run by Rotary. In District 7450, our program is focused on High School students in their Junior year, although exceptions are made. Our RYLA program runs from Friday to Sunday and includes presentations, activities, and workshops that cover a variety of topics, including:

- Leadership fundamentals and ethics
- Communication skills
- Problem solving and conflict management Community and global citizenship

Thanks to the efforts of Brian Casey Swarthmore Rotary will send 12 students to the program this March!



SAVE THE DATE 2014 Fun Fair Sunday, May 4th

To volunteer contact: Joe Lesniak



Chairman Marv Gelb has been overheard by numerous sources that this year's fair is going to be bigger and better than ever. Many skeptics have questioned how it could be any better, but sources tell us that Mr. Gelb is quite sure with everyone's hard work and dedication it is assured.

For more information goto: www.funfair.rcswarthmore.org

Also, know of a charity who could use more money? Direct them to the website to sign-up and expose their organization to the over 6,000 people who attend the fair.

This Day In History:

Prohibition takes effect—1919 Hitler descends into his bunker—1945

Happy Dollars Total for 2013-14:

\$1,259

2012-13 Total: \$2,345 2011-12 Total: \$2,311 2009-11 Total: \$2,586

(14,168 Children Immunized)

All Proceeds to Polio Eradication.

Service Quotation

"Success has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others."

- Danny Thomas, (b:January 6, 1912-d:February 6, 1991) American nightclub comedian and television and film actor and producer, whose career spanned five decades

Anniversaries:

None

Birthdays:

None

Rotary Anniversaries:

Dean Wolfe Jan. 15 4 years



President Hillard Pouncy and Betty Ann Flynn Congratulate Gudmund Iverson on becoming a 4th Level Paul Harris Fellow

Want to become a Paul Harris Fellow? Donate to the Rotary Foundation: www.rotary.org/myrotary/en/rotary-

Help our Club make 100% again this year! Questions? Talk to Craig Fava

foundation