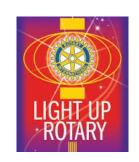


# CogNotes



# The Rotary Club of Swarthmore July 24, 2014

July is Rotary Installation Month

Improving Lives in Communities
Locally and Around the World for over 75 Years

Rotary International President Gary Huang
District 7450 Governor Doug Blazey
Assistant Governor George Whitfield

Perri Evanson

George Whitfield

## 2014-2015 Board

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Charitable Trust

# Today's Program: July 24 Rob Zarko, four

July 24 Rob Zarko, founder of Ship Bottom Brewery

"Building a Brewery: One Beer at a Time"

# **Table Grace**

We pause for this moment, Good Lord, not out of routine or habit but prompted by gratitude for all the common blessings we enjoy which are so often denied others.

How can we thank you, except by beginning now to make Rotary's ideals a reality?

Thanks be to you for all your good gifts. Amen.

The Rev. Dr. Frederick E. Christian

# **Coming Programs & Events**

July 31: Doug Blazey, District Governor, Rotary International District 7450

Aug 7: Jeffrey Babin, Senior Lecturer and Associate Director of the University of Pennsylvania Engineering Entrepreneurship Program

"Entrepreneurship"

Aug 14: Dawn Mazzone President and Sustainability Director of Horn and Hardart

"Horn and Hardart Then and Now"

Aug 21: Ben Yagoda, Professor of English and Journalism, University of Delaware, and Author of the new e-book, You Need to Read This: The Death of the Imperative Mode, the Rise of American Glottal Stop, The Bizarre Popularity of 'Amongst,' and Other Cuckoo Things That Have Happened to the English Language

# The Pledge of Allegiance



# **Four Way Test:**

Of the things we think, say and do:

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all Concerned?

# **Guests:**

Hogie Hansen, Don Larson

# Last Week's Speaker:

By Rich Shimko

Anne Hansen and her husband Hogie have been attending Rotary International Conventions for many years. They gave highlights on the 20 conventions they have attended so far, focusing on the 2014 convention in Sydney, Australia. They said the convention had 18,000 attendees.

Before the start of the Convention, they went to a Rotary Peace Center in Brisbane, Australia. There are six Peace Centers around the world. They met the 11 peace follows who were participating in the intensive program that covers peace issues throughout the globe. Over the years

800 individuals have become fellows. After visiting the Peace Center, they went on to Sydney for the Convention.

(continued on page 2)

# **Rotary: No child should ever go to bed hungry (From Rotary.org)**

Hunger touches every community, nation, and region of the world. It is a problem without a simple solution. At Rotary, we are committed to using the vast resources of our diverse membership and our partnership with organizations like the Global Food Banking Network to seek fresh insights and pursue innovative answers. In a letter for the official World Food Day website, Rotary's General Secretary John Hewko provided several examples of how Rotary is working to end hunger. Following are three:

- On their own initiative, Rotary members concerned about food insecurity have formed two very active international groups: the <u>Rotarian Action Group for the Alleviation of Hunger & Malnutrition</u>, and the Food Plant Solutions Rotarian Action Group.
- <u>Rotary First Harvest</u>, a Rotary club supported charity in Seattle, Wash, is working in
  cooperation with growers and processors to gather more than nine million pounds of
  fresh, nourishing produce that would otherwise be wasted, and then deliver it to local
  food banks and food distribution programs serving families in need.
- The Flagler Beach, Florida, Rotary Club co-founded the <u>Family Food Co-op</u> to provide food to needy rural families identified by local schools. A \$30 donation can feed a family of four for a week, and recipients are encouraged to volunteer their own time to help their neighbors.

### A Beer Primer

Compiled by Jim Leming



Anymore, drinking beer is like drinking wine in terms of choices, and can be a challenge if you grew up on Old Milwaukee. There are many types ("styles") of beer, just as there are types of wine, so in preparation for today's talk by Rob Zarko, I did a little research on www.beeradvocate.com. Here's some background that may help.

**What's a beer style?** Simply put, a beer style is a label given to a beer that describes its overall character and often times its origin. It's a name badge that has been achieved over many centuries of brewing, trial and error, marketing, and consumer acceptance. Our styles reflect our spin on the constantly evolving world of beer, with non-geek descriptions broken down for all to understand. Click on any of the styles below to find out more about them, including our recommendations for Food Pairings, Glassware, and Cellaring/Serving Temperatures.

**What's an Ale?** This category of beer uses yeast that ferments at the "top" of the fermentation vessel, and typically at higher temperatures than lager yeast (60°-75°F), which, as a result, makes for a quicker fermentation period (7-8 days, or even less). Ale yeast are known to produce by-products called esters, which are "flowery" and "fruity" aromas ranging, but not limited to apple, pear, pineapple, grass, hay, plum, and prune.

**What's a Lager?** The word *lager* comes from the German word *lagern* which means, "to store". A perfect description as lagers are brewed with bottom fermenting yeast that work slowly at around 34 degrees F, and are often further stored at cool temperature to mature. Lager yeast produce fewer by-product characters than ale yeast which allows for other flavors to pull through, such as hops.

There is much more to learn—many variations on styles—pilsners, stouts, etc. To learn more, got to http://www.beeradvocate.com/beer/style/.

### Last week's speaker (continued)

The Convention was held at the Olympic grounds, a very extensive site. A high point was participating in the Rotary Fellowships – special groups of individuals with similar interest, such as bird watching and cycling – and Action Groups – which address important issues such as population and development.



Ann said she went to an Action Group on child slavery. She said this problem is not just a 3<sup>rd</sup> world issue, it even occurs in Pennsylvania.

# Happy Dollars Total for 2014-15:

\$110

2013-14 total: \$2,493 2012-13 Total: \$2,345 2011-12 Total: \$2,311

(16,348 Children Immunized)

All Proceeds to Polio Eradication.

# **Service Quotation**

"You have not lived until you have done something for someone who can never repay you."

Author Unknown

# **Rotary Celebrations**

# Birthday:

Elma Jones—7/30

### **Member Anniversary:**

Maria Zissimos—7/28

### **Wedding Anniversary:**

None

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