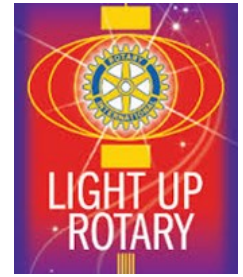




CogNotes



The Rotary Club of Swarthmore
October 16, 2014

October is Vocational Services Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President Gary Huang
District 7450 Governor Doug Blazey
Assistant Governor George Whitfield

2014-2015 Board

President	Perri Evanson
President-Elect	Joe Lesniak
President-Nominee	Lisa Lee
Immediate Past President	Hillard Pouncy
Secretary	Steve Laxton
Treasurer	Josh Twersky
E-Secretary/Webmaster	Brian Casey
Club Service	Marv Gelb
Community Service	Joe Lesniak
Vocational Service	Josh Twersky
International Service	Anne Hansen
New Generations Service	Joy Charlton
Foundations Service	Craig Fava
Budget Committee	Josh Twersky
Charitable Trust	George Whitfield

Today's Program:

Work Ready Interns
"My Summer Experience"

Table Grace

Lord, as we conquer skies and planets, keep us ever mindful of the vastness of the human spirit and its deeper need for caring concern. Use us in Rotary to keep this dimension alive. Make us grateful for those around us who enrich our lives, inspired by your Spirit. Receive our thanks for this hour together. Amen.

The Rev. Dr. Frederick E. Christian

Follow us online at:

www.SwarthmoreRotary.org
www.Facebook.com/SwarthmoreRotary
www.SwarthmoreFair.org
www.Facebook.com/SwarthmoreFunFair
www.twitter.com/SwarthmoreRC

Last Week's Speaker: Kathy Trow

By Joy Charlton

Kathy Trow is a long-time local resident and small-animal veterinarian who seven months ago opened a new kind of veterinary practice in Wallingford. She and her partner vet Abby renovated buildings across from the Helen Furness Library, and created a practice that is uniquely based on a co-op model. Pet owners can become members by joining with a \$99 initiation fee, and pay a monthly fee of \$10 for cats/ \$15 for dogs which will cover all wellness treatments (check-ups, shots, teeth cleanings) and give discounts of generally 30% to 50% on non-routine care. The vets allow 30 minutes per appointment, rather than the 15 minutes in corporate-owned practices. The goal of Unity is to offer reasonable costs spread out over time so that pet health care is affordable and therefore more likely to be consistent, resulting in better health and a better healthcare experience.



Continued on Back

Coming Programs & Events

Oct 24 (Friday) New Member Cocktail Party, see reverse
(no meeting on Oct 23)

Oct 30 George Whitfield,
Assistant District Governor

Nov 6 Rev. Bernice Warren & Board President Bill Henderson,
Chester Eastside Ministries

Nov 1 Bishop Billy Simbo of Sierra Leone
"Increasing Our Awareness of Ebola Disease"

Nov 14 & 15: District Conference at Villanova Conference Center

Nov 2 Michael Carroll
"Mindful Leadership"

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests: None

SAVE THE DATE!!!!!! We are having a Cocktail Party

Friday October 24th (5:30pm to 8:00pm)
At the Carpenter's (506 Glenwood Ave.,
Media, PA 19063)
Spouses & Prospective Members are Welcome



**Happy Dollars Total for
2014-15:
\$790**

2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311



(16,048 Children Immunized)

**All Proceeds go towards
Polio Eradication.**



DONATIONS NEEDED!!!!!!

Cityteam Ministries food pantry is bare and needs constant replenishing. If you can donate items such as: peanut butter, tuna fish... Please contact Cathy Darrell who will transport any donated items.

Service Quotation

"Every Person can make a difference and every person should try."

- John Fitzgerald Kennedy,
(B: May 29, 1917-Assassinated: Nov 22, 1963), American politician who served as the 35th President of the United States from January 1961 until he was assassinated in November 1963

History of Halloween

The word Halloween is a shortening of All Hallows' Evening also known as Hallowe'en or All Hallows' Eve.

Traditional activities include trick-or-treating, bonfires, costume parties, visiting "haunted houses" and carving jack-o-lanterns. Irish and Scottish immigrants carried versions of the tradition to North America in the nineteenth century. Other western countries embraced the holiday in the late twentieth century including Ireland, the United States, Canada, Puerto Rico and the United Kingdom as well as of Australia and New Zealand.

Halloween has its origins in the ancient Celtic festival known as Samhain (pronounced "sah-win"). The festival of Samhain is a celebration of the end of the harvest season in Gaelic culture. Samhain was a time used by the ancient pagans to take stock of supplies and prepare for winter. The ancient Gaels believed that on October 31, the boundaries between the worlds of the living and the dead overlapped and the deceased would come back to life and cause havoc such as sickness or damaged crops.



The festival would frequently involve bonfires. It is believed that the fires attracted insects to the area which attracted bats to the area. These are additional attributes of the history of Halloween. Masks and costumes were worn in an attempt. (Info taken from: www.halloweenhistory.org)

Rotary Celebrations

Birthday:

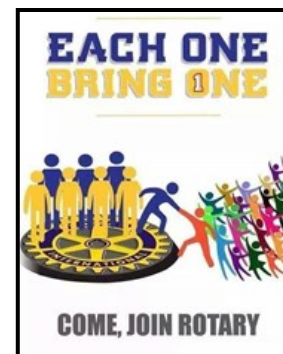
Harry Urian 10/22

Member Anniversary:

Jim Sredenschek 10/17, 1 year

Wedding Anniversary:

None



**Have you
asked
anyone to
be a
Rotarian
today?**

Last week's speaker (continued)

Kathy and Abby do not provide care for reptiles or birds, sorry, but they do care for small animals such as, in addition to dogs and cats, "pocket pets" like guinea pigs and hamsters, and, increasingly, local chickens. Kathy charmingly described a recent chicken surgery the vets learned how to do by watching YouTube.

Kathy and Abby want to serve the needs of abandoned animals as well and have started a charity fund to provide for their care. They raise funds through a mural project in their office, as well as a hallway gallery in which local artists to sell their work – and by having a table at the Swarthmore Charity Fun Fair!