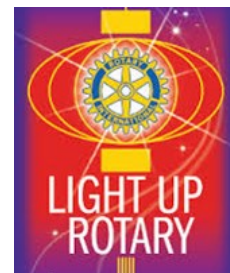




CogNotes

**The Rotary Club of Swarthmore
October 30, 2014**



October is Vocational Services Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President Gary Huang
District 7450 Governor Doug Blazey
Assistant Governor George Whitfield

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| | |
|--------------------------|----------------------|
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| International Service | Anne Hansen |
| New Generations Service | Joy Charlton |
| Foundations Service | Craig Fava |
| Budget Committee | Josh Twersky |
| Charitable Trust | George Whitfield |

Today's Program:

George Whitfield
Assistant District Governor

Table Grace

Father, there are those of us who hold in honor people of strong faith whose courage we mark at this time. Unite each one of us in gratitude for all in any tradition who have stood firm for freedom of mind and spirit. Receive our grateful thanks for these blessings around these tables and may they strengthen us in your service and in the service of our world. Amen.

The Rev. Dr. Frederick E. Christian

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Last Week's Speakers: Work Ready Chester

By Joy Charlton



We were joined on Oct. 16th by Nefetaria Yates, Robert Wrease, and Shamyra Elliot-Woods from the WorkReady Chester program. This is the program the club's Global Grant was written to support. The program organizes and operates a summer internship program for Chester youth, which includes parallel professional development guidance. *Continued on Back*

Coming Programs & Events

November 6

Reverend Bernice Warren & Board President Bill Henderson
Chester Eastside Ministries

November 13

Bishop Billy Simbo
(Sierra Leone) Visiting area to increase awareness of Ebola Disease

November 14 & 15: District Conference at Villanova Conference Center

November 20

Michael Carroll
Mindful Leadership

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:



Rotoractors Attend Meeting!

Thanks to fall break the Club was joined by two Rotoractors, Amy Han and Nicole Banales, who thanked the Club for all their help and support and are looking forward to another great year.

SERVICE OPPORTUNITY!!!

When: Saturday,
November 1st
(8am to ~9am)



Where: Meet on Yale Avenue just below the Strath Haven Condominiums

What to Wear: Warm, Durable Clothing that can get dirty (gloves will be provided)

Bring along friends and family to assist.
"Many hands make light work."



Happy Dollars Total for 2014-15:
\$846



2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311

(16,142 Children Immunized)

All Proceeds go towards Polio Eradication.

Service Quotation

"I always wondered why somebody doesn't do something about that.... but then I realized I was somebody."

- Lily Tomlin, American actress, comedian, writer, and producer

Last week's speakers (continued)

Shamyra is a senior at Chester's STEM high school, and hopes to become a doctor working in geriatrics. She spoke about her summer internship at the Chester Senior Center, where, she said, "Bingo is a sport." Her favorite part was helping people who are older than they used to be retain their independence.



Nefetaria Yates, from the Chester Workforce Development Center, described some of the other internship placements last summer: at Riddle Hospital, where four students worked together to develop an anti-smoking campaign while they also rotated through multiple departments in which the staff exposed them to different health care specialties; at Hedgerow Theater, where a recent Chester High School graduate with a passion for dance choreographed the summer production of *Seussical the Musical* and taught dance moves to young people in Hedgerow's summer programs; and at Chester City Hall, where the staff actively mentored their interns in more than work skills.

WorkReady Chester hopes to add opportunities for Chester youth to experience workplaces with shorter-term activities such as work shadowing or informational interviewing. Rotarians are asked to be alert to potential employers, including themselves, who might participate in any of these ways.

Rotary Celebrations

Birthday:

Richard Noonan 10/28

Member Anniversary:

Brian Craig 10/23, 15 years
Ken Wright 11/1, 15 years
Ed Jones 11/1, 67 years
Dennis Hoffman 11/1, 25 years
Joe Lesniak 11/1, 2 years

Wedding Anniversary:

Harry Urian 10/30



Have you asked anyone to

WORLD POLIO DAY: WAS OCTOBER 24th!!!!

This October we also celebrate the 100th Anniversary of Jonas Salk's birth, inventor of the first effective vaccine against Polio. It is said that Jonas Salk refused to patent his invention in order to keep the cost low.

"Our greatest responsibility is to be good ancestors."

~ Jonas Salk

