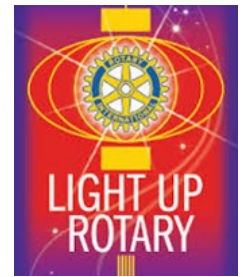




CogNotes



The Rotary Club of Swarthmore
November 20, 2014

November is Rotary Foundation Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President Gary Huang
District 7450 Governor Doug Blazey
Assistant Governor George Whitfield

2014-2015 Board

President	Perri Evanson
President-Elect	Joe Lesniak
President-Nominee	Lisa Lee
Immediate Past President	Hillard Pouncy
Secretary	Steve Laxton
Treasurer	Josh Twersky
E-Secretary/Webmaster	Brian Casey
Club Service	Marv Gelb
Community Service	Joe Lesniak
Vocational Service	Josh Twersky
International Service	Anne Hansen
New Generations Service	Joy Charlton
Foundations Service	Craig Fava
Budget Committee	Josh Twersky
Charitable Trust	George Whitfield

Today's Program:

Michael Carroll
"Mindful Leadership"

Table Grace

Almighty God, by your providence we live and work and from your hand we receive those things we most need. We thank you.

Instruct us here, through Rotary, to return a measure of the enrichment we receive that others may be blessed through us, In your name.

Amen.

The Rev. Dr. Frederick E. Christian

Coming Programs & Events

Nov. 27: No meeting
(Happy Thanksgiving!)

Dec. 4: Exchange Student Justus Franz
(Meeting at the Methodist Church)

Dec. 11: Club Assembly/ Adopt-A-Highway Safety Video
(Meeting at the Methodist Church)

Dec. 18: SHHS Silvertones!!
(Meeting will be at CADES)

Dec. 25: No meeting
(Merry Christmas!)

Jan. 1: No meeting
(Happy New Year!)

Follow us online at:

www.SwarthmoreRotary.org
www.Facebook.com/SwarthmoreRotary
www.SwarthmoreFair.org
www.Facebook.com/SwarthmoreFunFair
www.twitter.com/SwarthmoreRC

Last Week's Speaker: Bishop Billy Simbo

By Rich Shimko

Bishop Billy Simbo of Sierra Leone gave us a sobering briefing on the outbreak of the Ebola virus in his West African country. He said although the virus was first identified in 1976 and has been sporadic since then, this year's outbreak is by far the worst. This is that the outbreak originated at the border of three countries in a more populated region. Most of the previous outbreaks occurred in rural areas and were more readily contained. Bishop Simbo said 5,000 persons have been infected and 1600 have died in Sierra Leone alone.



The Bishop said infection is caused by contact with body fluids of an actively sick or recently dead person. In Sierra Leone, improper handling of corpses has been the cause of most infections.

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:

Deirdre Whitfield, George's wife
Alan Simbo, Abington Rotarian, Son of our speaker

Continued on Back

DONATIONS NEEDED!!!!!!



Cityteam Ministries food pantry is bare and needs constant replenishing. If you can donate items such as: peanut butter, tuna fish... Please contact Cathy Darrell who will transport any donated items.

The History of Thanksgiving

(article found at: www.history.com)

President Franklin D. Roosevelt signs a bill officially establishing the fourth Thursday in November as Thanksgiving Day.

The tradition of celebrating the holiday on Thursday dates back to the early history of the Plymouth and Massachusetts Bay colonies, when post-harvest holidays were celebrated on the weekday regularly set aside as "Lecture Day," a midweek church meeting where topical sermons were presented. A famous Thanksgiving observance occurred in the autumn of 1621, when Plymouth governor William Bradford invited local Indians to join the Pilgrims in a three-day festival held in gratitude for the bounty of the season.



Thanksgiving became an annual custom throughout New England in the 17th century, and in 1777 the Continental Congress declared the first national American Thanksgiving following the Patriot victory at Saratoga. In 1789, President George Washington became the first president to proclaim a Thanksgiving holiday, when, at the request of Congress, he proclaimed November 26, a Tuesday, as a day of national thanksgiving for the U.S. Constitution. However, it was not until 1863, when President Abraham Lincoln declared Thanksgiving to fall on the last Thursday of November, that the modern holiday was celebrated nationally.

With a few deviations, Lincoln's precedent was followed annually by every subsequent president--until 1939. In 1939, Franklin D. Roosevelt departed from tradition by declaring November 23, the next to last Thursday that year, as Thanksgiving Day. Considerable controversy surrounded this deviation, and some Americans refused to honor Roosevelt's declaration. For the next two years, Roosevelt repeated the unpopular proclamation, but on November 26, 1941, he admitted his mistake and signed a bill into law officially making the fourth Thursday in November the national holiday of Thanksgiving Day.

**Happy Dollars Total for 2014-15:
\$983**



2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311

(16,370 Children Immunized)

**All Proceeds go towards
Polio Eradication.**

Service Quotation

"I think all kids should take a little time out to volunteer and enjoy the opportunity it gives them to be of service to others."

- Derek Jeter (40 years old), Former professional baseball shortstop who played 20 seasons in Major League Baseball for the New York Yankees.

Rotary Celebrations

Birthday:

Betty Ann Flynn - 11/16

Steve Laxton— 11/29

Member Anniversary:

Rich Noonan—11/18, 4 years

Hillard Pouncy - 11/18, 9 years

Harry Urian - 11/18, 9 years

Craig Fava - 11/20, 6 years

Joy Charlton—11/20, 6 years

Wedding Anniversary:

Ed Jones—11/16, 1 year

Last week's speaker (continued)

He related a horrifying story of how 20 persons were infected following the improper handling of the corpse of a holy man.

An aggravating factor in the spread of disease is that the literacy rate is only 35% in Sierra Leone. It is difficult to get the message out on how the public should be protecting itself. The Bishop's group, DISCET, is doing radio broadcast to spread the message and he requested financial support. Donations may be sent to DISCET or the Rotary Club of Abington, which is sponsoring the Bishop's visit to this area. The Bishop's son, Alan, a member of the Abington Rotary club, was also present as a guest.