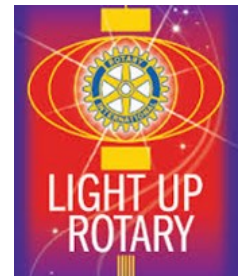




CogNotes



The Rotary Club of Swarthmore
January 22, 2015

January is Rotary Awareness Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President Gary Huang
District 7450 Governor Doug Blazey
Assistant Governor George Whitfield

2014-2015 Board

President	Perri Evanson
President-Elect	Joe Lesniak
President-Nominee	Lisa Lee
Immediate Past President	Hillard Pouncy
Secretary	Steve Laxton
Treasurer	Josh Twersky
E-Secretary/Webmaster	Brian Casey
Club Service	Marv Gelb
Community Service	Joe Lesniak
Vocational Service	Josh Twersky
International Service	Anne Hansen
New Generations Service	Joy Charlton
Foundations Service	Craig Fava
Budget Committee	Josh Twersky
Charitable Trust	George Whitfield

Today's Program:

**Christopher Curtin,
Master Chocolatier,
Eclat Chocolates**

Table Grace

Father, stir up within us a deep discontent that we may never be complacent when those around us suffer. When we have the means to ease a hurt or to right a wrong, grant us the will to act. Use us as instruments to do what we can whenever we can. Grant us truly thankful hearts. Amen.

The Rev. Dr. Frederick E. Christian

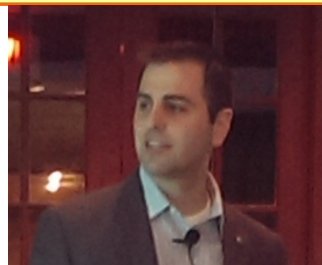
Follow us online at:

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www.Facebook.com/SwarthmoreRotary
www.SwarthmoreFair.org
www.Facebook.com/SwarthmoreFunFair
www.twitter.com/SwarthmoreRC

Last Meeting's Program: Andrew Sullivan

By Rich Shimko

According to Andrew Sullivan, who gave his classification talk, Asbury University started him in two of the three major directions of his life. He met his wife in the first few weeks at Asbury and an influential professor started him on his path of working overseas helping people. The only major life direction he didn't start at Asbury was Rotary, which he didn't join until 2014. In his junior year at Asbury he went to India to teach English. Although he described the experience as "culture shock" for both him and his host, Andrew became hooked on working overseas.



He joined Stop Hunger Now (SHN) in 2008, an organization that is dedicated to ending hunger in our lifetime. ~ continued on back

Coming Programs & Events

Jan 29: Teya Sepinuck
"Theatre of Witness - Finding the Medicine in Stories of Suffering, Transformation and Peace"
At Swarthmore United Methodist Church

Feb 5: David Smith, Professor Emeritus, Department of Risk, Insurance and Health Care Management, Temple University

"The Neglected Gift: Civil Rights Medicare and the Struggle to Transform Health Care"
At Swarthmore United Methodist Church

Feb 12: Bill Menke, Swarthmore Historical Society

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:

Jen Stock– Director of HKF Library



DONATIONS NEEDED!!!!!!

Cityteam Ministries food pantry is bare and needs constant replenishing. If you can donate items such as: peanut butter, tuna fish... Please contact Cathy Darrell who will transport any donated items.

Happy Dollars Total for 2014-15:

\$1405

2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311



(17,703 Children Immunized)

All Proceeds go towards Polio Eradication.



Our Vision:

A world without hunger.

Our Mission:

To end hunger in our lifetime by providing food and life-saving aid to the world's most vulnerable and by creating a global commitment to mobilize the necessary resources.

History:

Stop Hunger Now is an international hunger relief agency that has been fulfilling its commitment to end hunger for more than 15 years. Since 1998, the organization has coordinated the distribution of food and other lifesaving aid to children and families in countries all over the world. Stop Hunger Now created its meal packaging program, in 2005. The program perfected the assembly process that combines rice, soy, dehydrated vegetables and a flavoring mix including 23 essential vitamins and minerals into small meal packets. Each meal costs only 29 cents. The food stores easily, has a shelf-life of two years and transports quickly. Stop Hunger Now works with international partners that ship and distribute the meals in-country.

JOIN US for a Meal Packaging!

When: Saturday, February 7th, 2015 (10am to 2pm)

Where: Bond Hall on the campus of Swarthmore College

Register: you MUST register online at:

<http://events.stophungernow.org/Swarthmorerotary>

More Information: George Whitfield, Assistant District Governor; or event coordinator Richard Armenia - rarmenia@stophungernow.org

Service Quotation

"I am a little pencil in the hand of a writing god who is sending a love letter to the world."

- Mother Teresa, Roman Catholic religious sister and missionary who lived most of her life in India. Recipient of the Nobel Peace Prize.

Rotary Celebrations

Birthday:

Martin Spiegel 1/20

Member Anniversary:

None

Wedding Anniversary:

None

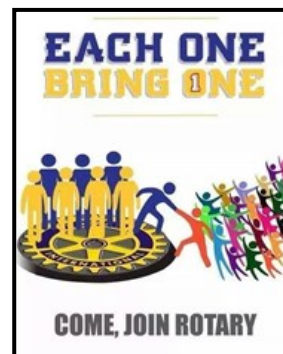


SAVE THE DATE!

Sunday
May 3rd

Speaker: Continued from Front

SHN's hook is packaged meals. These packages are designed to provide basic nutrition needs. But they are a hook because SHN doesn't just hand out food and walk away but links the food with other local programs such as schooling, vocational training, parenting classes, medical clinics and other programs that help people improve their lives and become self-sufficient. Furthermore, SHN now focuses on helping host countries set up their own SHN programs so they provide the food, package the meals, and set up the programs that help stop hunger now.



Have you asked anyone to be a Rotarian today?