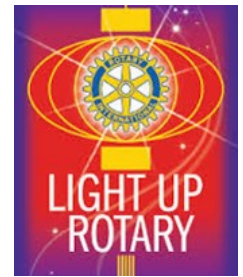




# CogNotes



The Rotary Club of Swarthmore  
January 29, 2015

January is Rotary Awareness Month

**Improving Lives in Communities  
Locally and Around the World for over 75 Years**

Rotary International President Gary Huang  
District 7450 Governor Doug Blazey  
Assistant Governor George Whitfield

## 2014-2015 Board

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International Service	Anne Hansen
New Generations Service	Joy Charlton
Foundations Service	Craig Fava
Budget Committee	Josh Twersky
Charitable Trust	George Whitfield

## Today's Program:

**Teya Sepinuck**  
Theatre of Witness - Finding  
the Medicine in Stories of  
Suffering, Transformation and  
Peace

## Table Grace

Thank you, God, for this time  
together when we enjoy one  
another, rekindle our energies,  
quicken our minds, and refocus  
our goals.

As we break bread keep us  
mindful of those less fortunate  
and help us to strive for a world  
where all your children can live  
an abundant life. Amen.

The Rev. Dr. Frederick E. Christian

## Coming Programs & Events

**Feb 5: David Smith, Professor Emeritus, Department of Risk, Insurance and Health Care Management, Temple University**

"The Neglected Gift: Civil Rights Medicare and the Struggle to Transform Health Care"  
*At Swarthmore United Methodist Church*

**Feb 12: Bill Menke, Swarthmore Historical Society**

**Feb 19: Professor Sara Heller, University of Pennsylvania**  
"Summer Jobs and Youth Violence"

## Follow us online at:

[www.SwarthmoreRotary.org](http://www.SwarthmoreRotary.org)  
[www.Facebook.com/SwarthmoreRotary](https://www.facebook.com/SwarthmoreRotary)  
[www.SwarthmoreFair.org](http://www.SwarthmoreFair.org)  
[www.Facebook.com/SwarthmoreFunFair](https://www.facebook.com/SwarthmoreFunFair)  
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## Last Meeting's Program: Christopher Curtin

By Rich Shimko

Christopher Curtin, Master Chocolatier, buys the best beans from the few best trees in the best grove in the best cocoa growing country (Peru). To prevent damage to the beans, his cocoa pods are knocked against special rocks, not cut. After careful hand placement of the beans in fermenting pans (made, of course, of special material) beans are shipped to Philadelphia and then on to the finest roasting oven in the world in Germany. The roasted beans are then shipped back to West Chester to be made into (you guessed it!) the world's finest (and soon to be most expensive) chocolate. Christopher became a Master Chocolatier by studying at the feet of Europe's premier chocolatiers for 10 years.



Christopher is not just a foodie. He is involved in the social issues of his Peruvian suppliers.  
~ continued on back

## The Pledge of Allegiance



## Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



**Guest: Vivian Estabrook, friend of Cathy Darrell's**

## DONATIONS NEEDED!!!!!!

The CityTeam Ministries food pantry is bare and needs constant replenishing. If you can donate items such as: peanut butter, tuna fish...

Please contact Cathy Darrell, who will transport any donated items. Or just bring them to a meeting.



## Happy Dollars Total for 2014-15:

**\$1454**

2013-14 total: \$2,493

2012-13 Total: \$2,345

2011-12 Total: \$2,311

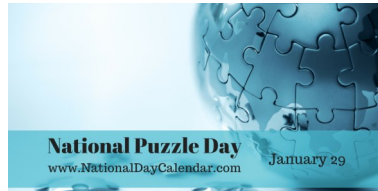


(17,703 Children Immunized)

All Proceeds go towards  
Polio Eradication.

## HAPPY NATIONAL PUZZLE DAY!

NATIONAL PUZZLE DAY, an unofficial holiday, is always celebrated on January 29th. There are puzzle celebrations and events held at museums, libraries and other venues around the country. Crossword puzzles are the most common; however, Sudoku is the most recent puzzle age. There are puzzles that fit into the needs of every person and every skill level, for the young and the old. There are also word search puzzles, jigsaw puzzles, puzzle books and many more. Maybe you would like to find a puzzle game and challenge your friends — check with your local library or a website for a puzzle game. There are many ways to have lots of fun!



## Service Quotation

“Real charity doesn’t care if it’s tax-deductible or not.”

- Dan Bennett, comedian and juggler

## DAY OPPOSITE NATIONAL

Good morning, or is it good night? Hello, or is it goodbye? I am cold, or am I hot?

National Opposite Day, an unofficial holiday, is a day to have fun all day long saying exactly opposite of what you really mean.

This day has kids rejoicing everywhere. It is also a great day for adults to play along and break out of the winter blues. Maybe we should have dinner for breakfast and breakfast for dinner!

Most sources say that National Opposite Day is always observed on January 25th while other sources say it is celebrated by some on January 7th. It is also believed to be celebrated by a group of people on the 25th of each month of the year.

## NATIONAL OPPOSITE DAY HISTORY

The origin of National Opposite Day is unknown; however, there are references dating back to President Calvin Coolidge in the 1920's. In the 1928 election, Coolidge made a statement to the press announcing, “I do not choose to run.” That statement spurred a debate and left everyone wondering if he really meant the opposite.

## FUN TIDBIT:

Sponge Bob Square Pants even got into the act, with an episode showcasing the whimsical nature of this day.



## Rotary Celebrations

### Birthday:

Jim Leming 1/28

### Member Anniversary:

None

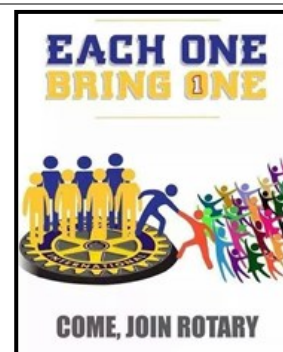
### Wedding Anniversary:

Gladys Snively 1/29

## Speaker: *Continued from Front*

Since they presently cook with wood they are deforesting the countryside. He is providing his suppliers with rice stoves, a stove that uses cheap fuel made from rice plants.

I was pleased to see free samples at all the place settings when we arrived. There was much discussion at our table about the best strategy to follow to nab the extra samples. I believe they were successful.



Have you asked anyone to be a Rotarian today?