

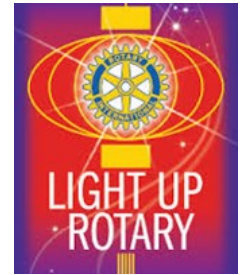


CogNotes

The Rotary Club of Swarthmore
P.O. Box 4, Swarthmore, PA 19081

April 30, 2015

April Showers Bring May Flowers!



**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President Gary Huang
District 7450 Governor Doug Blazey
Assistant Governor George Whitfield

2014-2015 Board

President	Perri Evanson
President-Elect	Joe Lesniak
President-Nominee	Lisa Lee
Immediate Past President	Hillard Pouncy
Secretary	Steve Laxton
Treasurer	Josh Twersky
E-Secretary/Webmaster	Brian Casey
Club Service	Marv Gelb
Community Service	Joe Lesniak
Vocational Service	Josh Twersky
International Service	Anne Hansen
New Generations Service	Joy Charlton
Foundations Service	Craig Fava
Budget Committee	Josh Twersky
Charitable Trust	George Whitfield

Today's Program:

Rich Shimko,
Classification talk
"Medical Radiation Devices"

Table Grace

Lord of the changing seasons, we pause to thank you for your never-failing faithfulness. As the earth stirs beneath our feet and flowers and birds bedeck the barren land, we rejoice in this ageless miracle of rebirth at your hand. Accept our thanks as we enjoy your bounty here and your blessings day by day. Amen.

Rev. Dr. Frederick E. Christian

Coming Programs & Events

May 7 Edmund Jones, Esq.
"72 Years of Practicing Law in Delaware County Makes Perfect"

May 14 Jason Romanoff,
eCommerce Fraud Analyst,
The Bryn Mawr Trust
Company
"Internet Fraud"

Know someone who has an interest in any of these topics? Invite them to the meeting!

Follow us online at:

www.SwarthmoreRotary.org
www.Facebook.com/SwarthmoreRotary
www.SwarthmoreFair.org
www.Facebook.com/SwarthmoreFunFair
www.twitter.com/SwarthmoreRC

Last Meeting's Program: Kari Dandrea

By Rich Shimko

It started with an idea: wouldn't it be great to have a natural, healthful drink for my daughter? From this idea, Kari Dandrea started a tea business which has grown from something she did part-time to a full-time job at her own company. Kari does tea. But not the tea I buy from the local Giant but exotic teas and herbs drinks. Kari blends ingredients to make drinks for different times of day, moods, and needs. She said some of the teas are purported to have health benefits but Kari was careful not to make claims herself. She sells her teas at local farmers markets and tea shows and also at the Co-op. The odd fact is that Kari did not even drink tea before she started her business about a decade ago.



~ continued on back

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:

None

DONATIONS NEEDED!!!!!!

The CityTeam Ministries food pantry is bare and needs constant replenishing. If you can donate items such as: peanut butter, tuna fish...



Please contact Cathy Darrell, who will transport any donated items. Or just bring them to a meeting.

Happy Dollars Total for 2014-15:
\$2,125



2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311

(18,273 Children Immunized)

All Proceeds go towards Polio Eradication.

What is a Rotary Action Group?

(information from: www.rotary.org)

A Rotarian Action Group is an autonomous group of Rotarians, family members, program participants and alumni who are experts in a particular field, such as microcredit or water and sanitation. Group members share their expertise by collaborating with clubs and districts on service projects. For example: The Rotarian Action Group for Population Growth & Sustainable Development partnered with Rotary clubs in Germany, Austria, and Nigeria to reduce maternal death by 50 percent at 10 hospitals in northern Nigeria with a program to prevent and treat obstetric fistula, a serious birth injury.



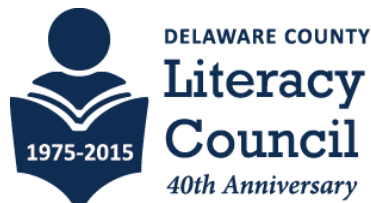
Service Quotation

“No one stands so straight as when they stoop to help someone else.”

– Mahatma Gandhi, (1869-1948)
Leader of the Indian independence movement in British-ruled India



THANK YOU to
Brian Casey,
Perri Evanson, Craig
Fava and Susan and
Don Larson for helping
to beautify the grounds
of the
Delaware County
Literacy Council



Rotary Celebrations

Birthday:

Ron Van Langenveld 4/28
Paul Paulson 4/28

Member Anniversary

None

Wedding Anniversary:

John Kauffman 4/30



**FUN FAIR
UPDATE**

VOLUNTEERS NEEDED

- No experience necessary
- Service Above Self
- Fun Times with Friends
- Be part of the excitement

To Volunteer contact:

Joe Lesniak
jlesniak@snip.net
Or
(610) 496-0638

Speaker: Continued from Front

Kari provided the audience with a sample of matcha, a finely ground tea. One Rotarian was heard to say she felt energized after drinking the matcha. Another Rotarian said that something that tastes so bad must be good for you. On the other hand the free sample I got was excellent.