



CogNotes

The Rotary Club of Swarthmore
P.O. Box 4, Swarthmore, PA 19081

May 5, 2016

May is Youth Service Month



**Improving Lives in Communities
Locally and Around the World for over 75 Years**

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Charitable Trust	Marty Spiegel

Today's Program:

Steve Golub, Are Donald Trump and Bernie Sanders Right that International Trade is Bad for America?

Table Grace

Amid the profusion of flowers this month, remind us, O Lord, of our daily dependence upon your goodness, not alone for the necessities we enjoy but for the beauty of fields and flowers. How can we return our thanks, except by the gift of caring concern for the good earth itself and for those within it who are denied so many blessings that we enjoy. Teach us so to number our days. Amen.
Frederick E. Christian

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Last Meeting's Speaker: Sebastian Kearney

Internships are a very big thing now. Many young adults do internships as a way of getting their careers started. Sebastian Kearney had the most unusual internship about which I ever heard. Sebastian told us about his year in Japan learning the traditional Japanese method of making swords.

Anybody who has seen one of the many movies about a young person learning king-fu from the old master knows the training method. An example of this is Sebastian spent the first two months doing nothing but cutting charcoal a certain way until he got it perfect.



- (continued on reverse)

Coming Programs & Events

May 12 President Judge Chad Kenney of Delaware County Court of Common Pleas

May 19 Dinner at Blue Rocks Game

***Know someone who has an interest in any of these topics? Invite them to the meeting!*

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:

Tim & Claudia Kearney, Lori Markusfeld, Dorothy Gelb, & Caitlin & Maeve Lesniak

FUN FAIR PHOTOS



Speaker: Continued from Front

He highlighted details about making swords, including the fact that each sword takes a year to make. Although some steps in the process are very slow, others, such as heating the metal to the right temperature, require split-second timing. This is not something I would have done. Sebastian was pleased he had had the experience and he was grateful to Rotary for providing assistance in obtaining the internship.

**Happy Dollars Total for
2015-16:
\$2,511**



2014-2015 total: \$3,168
2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311

(18,711 Children Immunized)

**All Proceeds go towards
Polio Eradication.**

Service Quotation

**“It is when you give
of yourself that you
truly give.”**

- Kahlil Gibran, (1883-
1931) Lebanese-
American artist, poet
and writer

Rotary Celebrations

Birthday: None

Member Anniversary:

David Smith 5/1 (1yr!)

Wedding Anniversary:

Brian Craig 5/6

Rich Shimko 5/7

Barbara Whitaker-Shimko 5/7

**THANK YOU TO
EVERYONE WHO
VOLUNTEERED
AT WORLD OF
WORK - ANOTHER
GREAT YEAR!**