



CogNotes

The Rotary Club of Swarthmore
P.O. Box 4, Swarthmore, PA 19081
October 26, 2017



October is Economic and Community Development Month

*Improving Lives in Communities
Locally and Around the World for over 75 Years*

Rotary International President Ian Riseley
District 7450 Governor Dawn DeFuria
Assistant Governor Francie Cross

2017-2018 Board

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New Generations Service	Maria Zissimos
Foundations Service	Steve Laxton
Charitable Trust	Marty Spiegel
Public Relations	Perri Evanson

Today's Program:

Steve Murray and Linton Stables
"Appalachian Service Project 2017"

Table Grace

In this society that honors the place of learning, remind us, O Lord, of all wisdom, that a command of facts does not necessarily mean discerning the truth.

Grant us, whatever our degree of knowledge, the insight to see in Rotary the wisdom of caring for a world that needs help and healing. Teach us to show our gratitude by our daily practice of The Four-Way Test. Amen.

Rev. Dr. Frederick E. Christian

Coming Programs & Events

(All meetings at The Inn unless otherwise noted)

Nov 2: Beth Murray, Centennial Foundation
"Visioning Session for Swarthmore's Future"

Nov 7: Celebrate Women in Rotary—Springfield Country Club

Nov 9: Past District Governor Bonnie Korengel
"Rotary Foundation"

Nov 11: Rise Against Hunger event—**REGISTER NOW!**

Nov 14: Rotary Foundation Seminar—Montgomery Co. Community College

April 20-22, 2018 District Conference

June 24-27, 2018 RI Convention, Toronto, Canada

**Know someone who has an interest in any of these topics? Invite them to the meeting!*

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www.SwarthmoreRotary.org
[www.Facebook.com/SwarthmoreRotary](https://www.facebook.com/SwarthmoreRotary)
www.SwarthmoreFair.org
[www.Facebook.com/SwarthmoreFunFair](https://www.facebook.com/SwarthmoreFunFair)
www.twitter.com/SwarthmoreRC

Last Week's Program:

Peg Christensen, with Sukja Bang and Ken Wright

by Rich Shimko

As if we didn't have enough motivation to eradicate polio, Ken Wright introduced Peg Christensen, who told us about her continuing battle with polio. Peg caught polio as a child and was placed in a home for polio victims for several years. It was disheartening to hear that although she said she mostly recovered, 40 years later she started experiencing unusual symptoms. She said she yawned frequently and had trouble swallowing. It is strange, considering polio has been afflicting humans since prehistory, but her condition, post-polio syndrome, was initially misdiagnosed. When Peg was finally diagnosed, the doctor gave her bad treatment advice. In fact, she was told to "take it easy but stay fit", whatever that means. Peg was finally able to obtain



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The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all Concerned?



Guests:

Barbara Amstutz, Bruce Kiesel, Jim Snively

Welcome, Ann!

Welcome to Ann DeLuca, our newest member. And thanks to Assistant District Governor Francy Cross for officiating at Ann's induction.



The Rotary Foundation Seminar - Saturday November 4th

The annual Rotary Foundation Training Day is Saturday, November 4, 2017, (9:00—1:15). We will rejoin District 7430 at the Montgomery County Community College (MCCC) in Blue Bell.

Our Foundation Seminar has something of interest to all Rotarains, of the many great things we have done in the past, how you can support now and plan on future projects that you and your clubs may want to consider doing, plus we will have great Keynote Speakers!

World Polio Day

Thanks to everyone who volunteered for the Purple Pinkie projects yesterday! We had teams at the train station, the library, and the Co-op, and the Swarthmore College dining hall (done by the Rotaract Club).



Last Week's Speaker: Peg Christensen

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proper treatment, received physical therapy at Optimum, and her condition has improved.

Both Peg and another polio victim, Reverend Sukja Bang, provided a human face to the scourge of polio. They encouraged us to continue our support for polio eradication so there will be no more children suffering as they suffered.

Happy Dollars 2017-18:

\$1287

2016-2017 total: \$3,756
2015-2016 total: \$3,756
2014-2015 total: \$3,168
2013-14 total: \$2,493



(20,969 Children Immunized)
**All Proceeds go towards
Polio Eradication.**

Service Quotation

**"ONLY A LIFE LIVED FOR
OTHERS IS WORTH LIVING."**

- Albert Einstein (1879-1955), German-born theoretical physicist.



Rotary Celebrations

Birthday:

None

Member Anniversary:

Ken Wright	11/1 (19 years)
Dennis Hoffman	11/1 (29 years)
Joe Lesniak	11/1 (5 years)
Ed Jones	11/1 (71 years)

Wedding Anniversary:

None

DONATIONS NEEDED!



The CityTeam Ministries food pantry needs constant replenishing. If you can donate items such as: peanut butter, tuna fish.

Please contact Cathy Darrell, who will transport any donated items.

Or just bring them to a meeting.