

CogNotes

The Rotary Club of Swarthmore P.O. Box 4, Swarthmore, PA 19081

April 12, 2018



April is Maternal and Child Health Month

Improving Lives in Communities
Locally and Around the World for over 80 Years

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Today's Program:

Centenarian **Ed Jones** will recollect on the past One Hundred Years.

Table Grace

Eternal One, as we gather around these tables, we are reminded that you are daily seeking to strengthen and sustain us in body and soul, that we may serve you and the world around us more effectively and joyously. Keep us ever from accepting these and other gifts from your hand without a grateful response. Bless us all in your service this day and in the days to come. Amen.

Frederick E. Christian

Last Week's Speakers: Melissa Tier & Aurora Winslade By Richard Shimko

When Swarthmore College did a study of its campus waste stream in 2017 and realized that it could reduce the percentage that goes for trash incineration from 60% to 15%, it immediately took a num-



ber of steps. Melissa Tier, Sustainability Program Manager, and Aurora Winslade, Sustainability Director, discussed the College's efforts. Their program has two primary directions: provide the means for the college community to recycle and then educate them on how to recycle correctly. Because a finding of the study was that the percent of the waste stream that goes to composting can be greatly increased, the College has started to place compost bins throughout the campus

(continued on reverse)

Coming Programs & Events

(All meetings at The Inn unless otherwise noted)

April 19: Cheryl Colleluori, Nick's Mom and President of the Headstrong Foundation – a "HOME away from HOME for families fighting cancer.

April 26: David Komarnicki, author of Five Stars in the Window will talk about bustling Chester, PA, during WWII when his family displayed five stars in their window representing their five family members who were off serving their country.

May 3: David Smith will speak about the upcoming PBS Special "The Power to Heal: Transforming American's Segregated Hospitals" narrated by Danny Glover (based on David's research).

(Please see page 2 for Coming Events) Know someone who has an interest in any of these topics? Invite them to the meeting!

The Pledge of Allegiance



Four Way Test: Of the things we think, say and do:

1. Is it the TRUTH?

- 2. Is it FAIR to all concerned?
- 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all Concerned?

Guests:

Sue McQueen (Scott Arboretum), Sue Kelly (Swarthmore Environmental Committee), and Donna Kay Jones (Ed's wife).



April 20 - 22: District Conference (4/20: Sasy Awards)

April 22: Tree Planting at Bob White Park in King of Prussia (following lunch at the District Conference.

April 27: World of Work, SRS / Boro; 8:45 - 11:00

April 28: Annual "Kick out Polio" Union Soccer Match **May 5:** Adopt-a-Highway, Yale Ave. at the dam, 9-10 a.m.

May 20: Charity Fun Fair!

June 14: No meeting

June 15: installation Dinner, the Inn June 24-27: RI Convention, Toronto



7th Annual Rotary Day At the Union Do You have your Tickets?



The Polio Plus committee and our host club, the Rotary Club of Chester, are waiting to take your order for tickets to see Philadelphia Union play at the Talon Energy Stadium on Saturday April 28 - less than 4 weeks away!

We encourage you to also enjoy some fun and fellowship at the pregame tailgate party (1:30-3:00). It's one of the most fun Rotary events of the year! BYO food and drinks. Water and soda will be provided. And...best of all....\$8.00 of the \$30.00 ticket price goes to Polio Plus...then, after the Gates Foundation match, that gets raised to \$24.00!

To reserve seats for your Club or individually, please send checks to: Bronwyn Martin, 107 W. State Street, Kennett Square, PA 19348. Include your name, mailing address & number of tickets needed. Make checks payable to "Rotary District 7450."



World of Work 2018

We really need Rotarians to volunteer for this event. Please let Josh Twersky know that you will be able to attend on Friday, April 27, 2018 at Swarthmore-Rutledge School from 8:45AM to about 11:10AM.

Last Week's Speaker: Melissa Tier & Aurora Winslade

(continued from front)

In tandem with that effort, the Sustainability Office has trained the campus community, one building at a time. Aurora gave us an example of that education. One fact that I learned is that food containers must be cleaned or the recycle centers may reject the entire load of waste and sent it for incineration. Melissa and Aurora said they are interested in working with the Swarthmore community to expand our recycling program, which may be a future service project.

Happy Dollars 2017-18:

\$3,071



2016-2017 total: \$3,756 2015-2016 total: \$3,756 2014-2015 total: \$3,168 2013-14 total: \$2,493

(21,330 Children Immunized)
All Proceeds go towards
Polio Eradication.

Service Quotation

"What is the essence of live? To serve others and do good."

- Aristotle (384 -322 BC)



Rotary Celebrations

Birthday:

Kathryn Jones 4/14 Ed Jones 4/15

Member Anniversary:

Barbara Whitaker-Shimko 4/17 (4 years)

Wedding Anniversary:

None

PEANUT BUTTER DAY!

When: Every 1st Thursday of the month



Please bring a jar of peanut butter to every first Thursday meeting. Cathy Darrell will transport our donations to CityTeam.