



# Swarthmore Rotary Cog Notes

P.O. Box 4, Swarthmore, PA 19081



SERVE TO CHANGE LIVES

April 7, 2022

Shekhar Mehta  
RI President 2021-22  
Roger Taylor  
District 7450  
Governor

## Swarthmore Rotary Leaders

Kathryn Jones  
President

Heather Saunders  
President-Elect

Brian Casey  
Club Executive  
Secretary  
Webmaster

Brian H. Craig  
Secretary

Theresa O'Malley  
Treasurer

Perri Ann Evanson  
Public Relations  
Chair

Carr Everbach  
Membership Chair

David Firn  
Club Director

Betty Ann A. Flynn  
Club Director

William Clinton Hale  
iPast President

Anne C. Hansen  
Club Director

Lori Markusfeld  
Service Projects  
Chair

Hillard Pouncy  
Club Programs Chair

Barbara Whitaker-  
Shimko  
Rotary Foundation  
Chair

## Meetings and Events

April

7th - [Swarthmore Weekly Club Meeting](#)

Speaker: Vibhat Nair, CEO, and Alba Martinez, Mangolia Impact Solutions

Subject: Financial Health in America: What Gets Measured Gets Done

14th - [Swarthmore Weekly Club Meeting](#)

Speaker: Natania Schaumberg, Farm Manager, Ruth Bennett Community Farm

Subject: Ruth Bennett Community Farm Addresses Food Insecurity In Chester

21st - [Swarthmore Weekly Club Meeting](#)

Speaker: Rob Zarbo, owner Ship Bottom Brewery

Subject: The New Business in Town

---

## Table Grace

By Frederick E. Christian

**Lord of the changing seasons, we pause to thank you for your never-failing faithfulness. As the earth stirs beneath our feet and flowers and birds bedeck the barren land, we rejoice in this ageless miracle of rebirth at your hand. Accept our thanks as we enjoy your bounty here and your blessings day by day. Amen.**

---

## 4 Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

---

## Club News

**Rotary Moment. Elizabeth Church told us about the collaboration between Rotary International and USAID to provide safe drinking water throughout the world.**

Kenneth J. Wright  
Club Director  
Greg Brown  
President-Nominee  
Cathleen Darrell  
Attendance  
Secretary  
Richard Shimko  
Bulletin Editor  
Karen Aleta  
Mazzarella-Russo  
Assistant Governor

---

## Service Quotation

Only a life lived for others is a life worthwhile."

Albert Einstein

---

## Rotary Celebrations!

### Birthdays

No Birthdays Found

### Wedding Anniversaries

No Wedding Anniversaries Found

### Years of Service

No Years Of Service Found

---

## Happy Dollars

pledge \$3,225

2020-21 : \$3,892

2019-20: \$3,344

2018-2019: \$3,845

---

**Elizabeth will be planning a celebration of Swarthmore Rotary's 85<sup>th</sup> birthday on April 26.**

**President Kathryn Jones reminded us that the next two meetings (April 7 & 14) will be on Zoom, followed by live meetings at the Inn.**

**Club members should notify Lori Markusfeld if they are interested in participating in a service project at the Ruth L. Bennett garden in Chester on April 23. The project will be cancelled if there is insufficient participation**

**The Club will be doing Adopt-a-Highway on April 30. Participants must complete a series of short safety videos. See Dave Firn's email dated March 27, for a link to the training.**

**Heather Saunders told us about the screening of the movie "Mission Joy", on May 12, 7 pm, at the PACC. The movie features Bishop Desmond Tutu and the Dalai Lama discussing how to deal with trauma. Donations to help Ukrainian refugees will be collected.**

**Josh Twersky requested volunteers for May 13, World of Work starting at 9 am.**

**The Block Party will be May 14, 4-7 pm.**

**Joe Lesniak gave an update on planning for the Fun Fair in September.**

**George Whitfield told us he is organizing an outing to watch a Phillies game in June or July. Email George if interested at [gcwjr1@outlook.com](mailto:gcwjr1@outlook.com).**

---

## Last Meeting Summary

**In 2019, Swarthmore Borough Council passed a resolution setting a goal that Swarthmore Borough businesses and residents use 100% renewable electricity by 2030 and 100% renewable energy for all purposes by 2050. An excerpt from this resolution is included below. The Borough Council**

# Guests Last Meeting

Patrick Gunnin  
Deb Hansen

---

formed a committee, led by our speaker, Phil Coleman, to provide guidance in achieving the goal. Phil called the goal zero-carbon.

Phil Coleman is an expert on developing energy conservation programs for the U.S. Department of Energy. He has been putting his knowledge to use here in Swarthmore. In 2010, Phil co-founded aFewSteps. This group was founded to raise energy awareness in the residents of Swarthmore, Rose Valley, Nether Providence, and Rutledge.

Phil asked Rotarians for their help. He said Borough Council asked his committee to focus on two pathways to achieve zero-carbon. One is education, the other is infrastructure projects. While aFewSteps and other groups have been working hard to educate the public, his committee has not yet decided on a new infrastructure project. The Borough has already taken a lot of steps to reduce non-renewable electricity usage. The Borough has installed solar panels on the roof of Borough hall. Most street lights are energy-saving LED lamps. Any ideas would be appreciated. Rotarians can also help by volunteering to conduct energy conservation workshops and home audits. Contact [afewsteps.org](http://afewsteps.org) to sign up if interested.

---

## Swarthmore Environmental Initiatives

From aFewSteps website ([afewsteps.org](http://afewsteps.org)):

### 7 Easy Steps to Living More Sustainably

#### #1 Program Your Thermostat

Waste Less Heating and Cooling Program your thermostat, use fans, open and close windows and window treatment intentionally, stop conditioning an empty house.

#### #2 Choose Green Power

It's easy to switch to renewable energy. Check out the Energy Co-Op, Community Energy and Green Mountain - three providers that invest locally.

### #3 Eat Less Meat

Try Meatless Mondays or VB6 (vegan before 6:00 pm).

### #4 Drive Less

Consider all the alternatives - train, bus, bike, walk, carpool.

### #5 Use LED Lighting

Now there's no excuse for using incandescents. Inexpensive LEDs are available for all sizes and styles.

### #6 Control Your Stormwater

Watch what you send into our streams.

### #7 Reduce, Reuse, Recycle

Take advantage of the shared economy. Avoid styrofoam and clamshells.

---

## Ukrainian Relief Fund

**Rotary District 7450's Gundaker Foundation is partnering with Rotary District 2231 in Poland to help refugees from Ukraine. As of March 22, Poland has received over 2.1 million Ukrainian refugees. With seemingly no end to the conflict in sight, these innocent victims of war are likely to be in Poland for a while.**

**Rotary District 2231 includes 79 clubs all over Poland. The clubs are helping Ukrainian refugees in their communities and responding to overwhelming needs as they develop. District 2231 will distribute your donations to Rotary clubs that are helping Ukrainian refugees. Fund use in Poland will be subject to the same high standards of reporting and accountability as grants awarded through Rotary.**

**Donate by mailing a check to the Gundaker Foundation at PO Box 812, Springfield, PA 19064-0812. Make the check out to Gundaker Foundation, with "Ukraine Relief Fund" on the memo line.**

---

[www.SwarthmoreRotary.org](http://www.SwarthmoreRotary.org) ----- [www.Facebook.com/SwarthmoreRotary](http://www.Facebook.com/SwarthmoreRotary) -----  
----- [www.SwarthmoreFair.org](http://www.SwarthmoreFair.org)